



Setting the Pace

Fall 2005 • Volume 25, Number 3

EMERGENCY NURSES ASSOCIATION
New York State Council

NYSCENA • P.O. Box 23451 • Rochester, NY 14692-3451

PRESIDENT'S MESSAGE

Denise Harris, President



As I sat down to write this last "President's Message," I was filled with a sense of accomplishment that I am near completion of my term as your President this year. Our membership is up; we are more visible; more of us are becoming instructors of TNCC/ENPC; and we've mentored each other in various aspects of emergency nursing and emergency care I have gained new friendships and liaisons. The challenges I faced seemed

sometimes overwhelming, but in the end, we, as emergency nurses, always find a way to keep our heads above water.

At the beginning of my term I was given a magnet that read "the journey of a thousand miles begins with just one step (Lao Tzu)," by our National Board Liaison, Denise King. My journey from a basic member to President of the State Council will, I hope, inspire others to do the same. I am a single mother raising two children, work full time and attend graduate school, while still finding the time to volunteer for ENA. My family and friends are very supportive and I've gained insight from traveling around the state. The reality is we have similar challenges no matter where we reside, but we persevere. Our state council is stronger because of our diversity. At the beginning of the year, we held a course called "7 Habits for Healthcare," based on Stephen Covey's 7 Habits (applied to healthcare issues) for the state and chapter leaders, to give back to those who do so much to keep our organization going. One topic related to leaving a legacy. As we conclude our 35th Anniversary year, one can hope that we have fulfilled Anita Dorr's and Judith Kelleher's legacy of maintaining a strong organization, run by nurses and for nurses. The legacy I leave is one that we continually strive to provide excellence in emergency care, education and advocacy to our patients and to each other.

CONVENTION NEWS

ENA went country at Nashville for their national convention. Delegates gathered to meet and install the new officers and also to install the newly elected members of the National Academy of Emergency Nurses. They debated various resolutions among the topics: AEDs, the organization of the ENA Foundation and possible Emergency Nurse Practitioner certification. The convention collected money for a Louisiana Nursing School which was severely damaged as a result of Hurricane Katrina. New York State nurses were well represented and enjoyed themselves. The NYS Council co-hosted a party which was a smashing success! The Scientific Assembly provided great educational opportunities for attendees. Congratulations to NY's Lisa Kosits on her presentation.

ENA 35th Anniversary 1970-2005

REVOLVING SPLENDOR

Sileen Choudhury

"Rise and Shine" America there is just reason to celebrate: it is Emergency Nurses Week 2005. This year is extra special as it also the 35th anniversary of the Emergency Nurses Association (ENA). The growth of this organization is phenomenal and it continues to expand. Many of you may have seen the Sunflower (*Helianthus Annuus*) as this year's icon of Emergency Nurses Week. This flower symbolizes many things that are synonymous with our profession and I cannot resist the temptation to quote Calderon de la Barca on Sunflowers "Light-enchanted sunflower, thou who gazest ever true and tender on the sun's revolving splendor." We are all indeed representative of looking for that light, expanding our horizon "gazing ever true", learning and teaching as we move forward, embracing all challenges and like a sunflower we grow upwards standing tall and proud knowing no constraints "The sky is literally the limit!"

As a tribute to our "revolving splendor." Let's all within the ENA look to our colleagues, maybe that new grad or that new nurse on nights, who are not yet members and encourage them to join. We need to look to the future generation so that next year another sunflower will blossom in our garden and we can look one day to celebrating 70 years.

Congratulations to the NYS ENA members who won American Express gift certificates from the NYS Council in celebration of Emergency Nurses Week. Fifteen NYS ENA members were randomly selected to receive these gifts. Thanks for your efforts and your participation in ENA.

EMERGENCY NURSES DAY

This is your time to shine!

Emergency Nurses
everyday heroes

October 12, 2005

HURRICANE KATRINA

Hurricane Katrina took away people's lives, their homes and their belongings. When people needed help – both before and after the storm, they came to the emergency room for help, shelter and support. Emergency nurses were there to help along with their colleagues. Under most adverse conditions emergency care workers cared for thousands.

Thousands have offered to help in the recovery. New York State ENA members are among those who went. Emergency nurses along with so many other Americans continue to help in the recovery effort. While the American Red Cross and Salvation Army are the largest organizations providing relief outside of the US Government, national ENA has a site to sign up if you want to help. Just click on www.ena.org.

Hurricane Katrina is one of the nation's greatest natural disasters. Our thoughts and our prayers go to all affected by Hurricane Katrina. To all who are helping, our thanks.

EMERGENCY NURSING CARE OF THE OLDER ADULT – NEW COURSE

New York State Council will sponsor this professional development course on Friday, October 28 at Binghamton General Hospital from 1pm to 5pm. The topics covered include ED utilization by the older adult, attitudes, ageism, physical and psychological changes, dementia, delirium, depression, triage, pain management, discharge process and end of life issues, etc. This information and the materials provided will enhance participants nursing care of the geriatric patient in the ED setting.

There will be a reception following at the Best Western Regency Hotel and Conference Center in Downtown Binghamton. All are invited to attend as well as the Council meeting the next day at the Conference Center. Make a weekend of it and network with other ED nurses from across the state. Contact Susan D. Knapp for more information on the Emergency Nursing Care of the Older Adult course. Fees are \$75 for ENA members and \$85 for non members. Registration deadline is October 20, 2005.

To register: call H 315-524-4883 W 585-341-0035 or e-mail rknapp5@rochester.rr.com

ATTENTION ADVERTISERS!

The New York State Council of the Emergency Nurses Association (ENA) has a newsletter circulation of 2000. It is published quarterly and reaches all Emergency Departments and ENA members in New York State. We accept paid advertisements meeting the following criteria:

1. Products which relate to emergency nursing
2. Services relating to emergency nursing
3. Recruitment advertising within New York State

Advertisements are subject to committee approval prior to publication. Advertisement are to be copy ready and reducible. The New York State Council of ENA disclaims any responsibility for advertising material and does not guarantee, or endorse any product or service advertised. We are very proud of the work that is done by the Council and encourage your support of ENA. Should you decide to advertise, checks should be made payable to NYCENA. For further information, please contact Mary Roth, nysenaweb@yahoo.com or fax (516) 766-5709.

SAVE THE DATE

Setting the Pace, NYS ENA annual conference, will be held on April 27-28 at the Poughkeepsie Grand Hotel. The conference will feature National ENA President Nancy Bonalumi as a speaker. The conference will include topics: Pediatric Sexual Assault, Violence, Infectious Disease Update, 12 Lead EKG workshop and Mentoring.

For more information and to register, contact Mary Lou Killian at 845-454-3202 or mlk724@yahoo.com.

On April 27th, there will be a workshop on Mentoring the New Nurse in the ED. Various orientation processes will be discussed. Discussion will center on training the adult learner and the graduate nurse in the ED. It will be an interactive workshop. CEU's will be provided.

With staff nurses and nurse managers having increased responsibility for training new nurses in the emergency department, this workshop will offer new and innovative ideas for mentoring. We hope that you will attend this creative workshop.

To participate or to learn more, contact Janice Francischine (Pres. Nassau Queens Chapt) at RNJANICE@msn.com.



Rita Anderson, left, with friends at August State Council meeting.

BEST WISHES

All the best to Rita Anderson of the Lower Hudson Chapter ENA. Rita and her family are moving to Arizona. She has been an active member of ENA for most of her professional life. Rita has been a mentor, motivator, leader, and a good friend to all in ENA.

We will miss you tremendously and wish you and yours adventure, joy and success in your new home.

NEWSLETTER/COMMUNICATIONS COMMITTEE

Please submit any ideas, suggestions, or articles to:

Editor: **Mary Schmidt Roth**
E-mail: nysenaweb@yahoo.com
Phone: (516) 766-2784
Fax: (516) 766-5709

Next issue deadline: November 5

CALL FOR 2006 NYSCENA COUNCIL CANDIDATES

It's that time again. The State Council is looking for Candidates for Officers and Director at Large for 2006. As a member of the Board of Directors, you would be in a position to help shape the future of our organization. All of these positions provide networking as well as leadership development opportunities that may not be available to the emergency nurse in the course of their regular employment.

Qualifications for all positions:

Be a member in good standing of the New York State ENA. It is recommended that the candidate has been active either within their Chapter or the State Council. It is strongly advised that once a member decides to run for this position, that they attend the remaining State Council meeting prior to the election

The positions open for 2006 are:

1 - President – Elect (Three year commitment)

The President Elect is a one year term, with the commitment to continue on as President and Immediate Past President. The responsibilities of the President-Elect include:

1. Serve as Timekeeper and Parliamentarian for the quarterly State Council meetings.
2. Serve as Chairperson to the Awards Committee.
3. Assist the President in the day to day running of the organization as asked by the president.
4. Attend at least 75% of the State Council meetings and Board of Directors meetings.
5. Be available to advise Chapters and serve as liaison between the Chapters, Committees and the State Council.

INJURY PREVENTION-

Judy Jax, RN, State Chairperson

Let's give the New York State Council of ENA the credit it deserves!

I know ENA members in New York State are participating in ENCARE injury prevention activities and would like to have the state given credit for all your efforts in the annual report. Along with the conventional ENCARE programs I am also interested in Traumaroo Programs (American Trauma Society), Child Passenger Safety (NHTSA) events, Think First, and Let's Not Meet by Accident.

Please forward any injury prevention activities you have participated in for the year 2005 including number of events and number of participants to jjax@winthrop.org or mail to Judy Jax, RN, Trauma Coordinator, Winthrop University Hospital, 259 1st Street, Mineola, NY 11501.

Please feel free to contact me if you have any questions about injury prevention at 516-663-8708.

THANKS

I wanted to take this opportunity to thank the NYS ENA Council for their overwhelming welcome. At the April 25th anniversary meeting and again recently in Brooklyn, I was made to feel a member of the ENA family. Your welcome went a long way toward my return to a second meeting and to participation at Nashville. People say that ER nurses are an entity all their own; if that is true, I am proud to be an emergency nurse.

Thanks again for your welcome and inclusion in activities.

Jacquie Glendinning, RN, CHATT Chapter

1- Director at Large (Two year commitment)

As Director at Large, an individual would be expected to:

1. Attend at least 75% of the State Council meetings and Board of Directors meetings
2. Assist the President in the day to day running of the organization as asked by the President.
3. Be available to advise Chapters and serve as liaison between the chapters, committees and the State Council.
4. The Director at Large may also be asked to serve as a chairperson of one of the State Council standing committees.

1- Secretary (Two year commitment)

As Secretary, an individual would be expected to:

1. Attend state council meetings and Board of Directors meetings
2. Maintain records of the meetings and the directory of officers
3. Disseminate information to officers and chapters as directed by the President and Board.
4. Serve as chapter liaison as directed by the President.

Elections will take place in Binghamton on Saturday, October 29, 2005. If you are interested in any of these positions, or need more information, please feel free to contact Mary Ellen Jennison at mary_ellen_jennison@uhs.org.



Craig Anderson, left, and Bob Breese present the toast as ENA members cruise Manhattan on the Spirit of New York.

Ask the Clinician

CAN PATIENTS WITH TATTOOS OR STENTS UNDERGO MRI?

Patients with tattoos can undergo MRI. Sometimes the paint for the tattoo is a metallic base. They can still undergo MRI. However if the person really has many tattoos (more of a whole body art) it can be uncomfortable and they will experience burning if the tattoos are a metallic base.

Patients with stents can undergo MRI. It is generally recommended that a six week waiting period post stent be observed.

Thanks to the Jamaica Hospital Radiology Staff for their input.



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New York State Council

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COURSES SCHEDULE

COURSE	DATE	PLACE	CONTACT	COURSE	DATE	PLACE	CONTACT
TNCC	Oct 1 & 2	Chatt Chapter	Michelle Silliker 716-373-0735	ENPC	Nov 9 & 16	Syracuse	Sharon Southwick 315-687-534 5ssouthwickus@yahoo.com
TNCC	Oct 12 & 19	Central Chapter	Sharon Southwick 315-687-534 5ssouthwickus@yahoo.com	ENPC	Dec 14 & 15	Winthrop Hosp	Judy Jax 516-663-8708 jjax@winthrop.org
TNCC	Oct 14 & 15	Winthrop Hospital	Judy Jax 516-663-8708 jjax@winthrop.org	Adirondack Teaching Day	Oct 14	Scotia	Valerie Rivituso 518-383-6784 VRRN951530@aol.com
TNCC	Nov 5 & 6	St Barnabas Hosp	Meg Barry 212-305-2432	Geriatric Nursing Course	Oct 28	Binghamton	Denise Harris DHarris719@aol.com
TNCC recert	Nov 6	St Barnabas Hosp	Meg Barry 212-305-2432	Is This Your Final Answer? Daily Dilemmas Facing ED Nurses	Oct 21	Lenox Hill	Doreen Foley 212-746-2914
ENPC	Oct 8 & 9	Montiflore Hosp	Lynda Levy 212-305-3203	Is This Your Final Answer? Daily Dilemmas Facing ED Nurses	Dec 2	Radisson Hotel	Doreen Foley 212-746-2914
ENPC	Oct 15 & 16	Cheektowaga	John Burek 716-898-3253	Setting the Pace	April 27 & 28, 2006	Poughkeepsie 845-454-3202	Mary Lou Killian
ENPC	Oct 24 & 25	Benedictine Hosp	Mary Lou Killian 845-454-3202 mlk724@yahoo.com				

IF YOU WOULD LIKE TO ADVERTISE A PROGRAM WHICH IS NOT SPONSORED BY AN ENA CHAPTER, THERE IS A FEE. CONTACT MARY ROTH AT nysenaweb@yahoo.com FOR DETAILS.

You can contact us via the website: www.nysena.org. Click on **Contact Us** and complete the form.
Under subject, type – ENA.

Do you have a clinical question? Send it to us via email (use the website), or fax 516-766-5709. One of our expert clinicians will answer it in a future newsletter.

New York State Council Emergency Nurses Association Website:
www.nysena.org