

2026 Setting the Pace

Speaker Information Form



Chelsea Howard



Ericka Luedke



Mackenzie Mitchell



Muriel White

Speakers' Biographies

Chelsea Howard, BSN, RN, is a Nurse Manager with over five years of experience at URM. She has served in roles ranging from bedside clinician to charge nurse to nurse manager. She holds additional credentials in ACLS and ABL. Chelsea plays a key role in supporting staff through new project initiatives and fostering strong, collaborative relationships between frontline team members and leadership. She is also passionate about promoting continuing education and creating opportunities that bridge communication gaps, ensuring a cohesive and empowered care environment.

Erica Luedke, MSN, RN, is a Nursing Professional Development Practitioner with over six years of experience at URM. Erica has served in roles ranging from bedside clinician to charge nurse to educator. She holds additional credentials in ACLS, ABL, and serves as an ATCN Instructor. As part of her NPD role, Erica serves as the Nurse Educator, fostering the growth and development of other healthcare professionals through education, training, and the implementation of evidence-based practices.

Mackenzie Mitchell, BSN, RN, is a registered nurse with over five years of experience at URM. She has served in roles ranging from bedside clinician, to charge nurse, to a member of the core trauma team, specializing in high acuity patient care. She holds additional credentials in ACLS and ATCN. Mackenzie has worked diligently on the in situ mock mode project, utilizing it to advance to RN III in the Adult ED at URM.

Muriel White, BSN, RN is an Assistant Nurse Manager with over seven years of experience at URM. She has served in roles ranging from bedside clinician to charge nurse to a member of the leadership team. She holds additional credentials in ACLS and serves as an ATCN Instructor. As part of the leadership team, Muriel helps to oversee the orientation process for nursing into the critical care/trauma bay. She is also working closely with ED providers to improve current MCI protocols.

Presentation

The Rhythm of Readiness: In-Situ Mock Codes in Emergency Care

Summary

The successful implementation of in-situ mock codes in a Level I Trauma Center Emergency Department included real-time, interdisciplinary simulations. This helped to strengthen team readiness, improve workflow, and uncover system vulnerabilities during high-risk events, such as cardiac arrests. Data collected—ranging from protocol adherence to staff confidence—showed improved performance, increased preparedness, and meaningful quality-improvement opportunities.

Learning Objective

The participant will gain understanding of desired program outcomes

reviewing lessons learned, and strategies for sustaining an effective in-situ simulation program.

References

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