



# Setting the Pace 2013



April 11-12, 2013  
The Double Tree by Hilton Tarrytown  
Tarrytown, New York



Register today at  
[www.NYSENA.org](http://www.NYSENA.org)

# Make your plans to come to Setting the Pace 2013!

## 2013 Conference Committee

Chair	Jill McLaughlin
Program	Mary Zellner
Exhibitors	Wende Tefel
Registration	Daniel Dennis
Poster Presentation	Sue Breese

“reflecting our ongoing commitment.... meeting the very specific needs of emergency nurses”

## 2013 NYS- ENA Officers

President	Kathy Conboy
President- Elect	Ginny Hebda
Secretary	Sandi Tetler
Treasurer	Mary Ellen Jennison
Director at Large	Jackie Glendinning
Director at Large	Sue Chalupa Breese

## A Note from our Conference Chair



Why did you become a nurse? Think back; now, do you still love what you do? Or has it become “work”? Press Ganey scores, core measures, technology, little sick babies, big sick babies-it’s enough to make your head spin.

In 2009 I attended my first ENA conference. In fact, it was my first conference -ever. I had some educational catching up to do and the sessions were very informative. That much I expected.

What I wasn’t expecting were the conversations that occurred with fellow emergency nurses. Join us at the Leadership workshop pre-session, and you will be part of an incredible conversation, facilitated by Deb Delaney of Blue Jay Consulting, and NYSENA President Kathy Conboy. Attendees at last year’s session remarked how wonderful it was to hear solutions to practice concerns involving patient care, safety, and satisfaction, as well as staff retention issues, from fellow ED nurses.

Our opening and closing receptions allow you time to talk with our exhibitors and decide which of the many baskets you would like to have a chance to win at the raffle. Proceeds of the raffle go to sustain the NYS ENA 911 Scholarship Fund.

Jeff Solheim has been delivering health-care related education to audiences all around the world for over ten years. He will be delivering the keynote address, as well as a clinical session on the triad of death. Jeff has a way of bringing simplicity and humor to topics that are complex, and well, let’s face it, somewhat dry. We also are pleased to have Deb Delaney providing a pre-session as well as our closing session on best practices. Both of these nationally known speakers come to us as ENA members. You will laugh and learn, I promise.

Again this year, look for an opportunity to share your research or best practice poster. Last year’s posters were impressive. Have you done a poster presentation for a BSN or MSN class? Please consider sharing it at our conference. Information follows and can be accessed at [nysena.org](http://nysena.org)

We have improved our going green efforts this year based on input from last year. Please register online this year, if you have not done so in previous years. The process has been simplified and you won’t have to make a trip to the post office. Dan Dennis is available via phone or email, should you need assistance. The complete brochure can only be found ONLINE at [NYSENA.org](http://NYSENA.org). You will be able to download the brochure to share with friends, complete evaluations and register your CE credits. Evaluation and credits will be available online after the conference closes.

Come and join us at this year’s conference on April 11 and 12. If you still love what you do, you may just rub off on someone who has lost their spark. Bring a friend, or a coworker, or someone you are mentoring. Learn and laugh with us!

Jill McLaughlin BSN, RN, CEN, CPEN

**Questions? E-mail us at [SettingthePace@nysena.org](mailto:SettingthePace@nysena.org)**

## 2013 Featured Speakers

Nicholas Belasco, DO  
Director, Concussion Management  
Program at Bon Secours Health System,  
New York

Pat Breaux, BSN, RN  
Youth Prevention Specialist  
Suicide Prevention Center of New York,  
Research Foundation for Mental Hygiene  
Albany, New York

Deb Delaney, MS, RN, CEN  
Director, Blue Jay Consulting  
Orlando, Florida

Robert Lancey, MD, MBA  
Chief of Cardiac Surgery,  
Network Medical Director  
Co-Director Bassett Heart Care Institute  
Bassett Medical Center  
Cooperstown, New York

Lawrence Loewy, RN, CCRN, CEN  
Transport Critical Care Nurse  
Stony Brook University Hospital,  
Stony Brook, New York

Jenifer Nerone, RN, CEN, FN-C  
The Kingston Hospital, Kingston,  
New York  
Ulster County SANE Director

Chuck Margarites, RN, CEN, CFRN  
Clinical Specialist,  
SmartNurses, Russell, Massachusetts

Lisa (Kosits) Matamoros, DNP, RN-BC, CEN, CPEN  
Director, Clinical Education  
Montefiore Hospital, Bronx, New York

Jeff Solheim, MSN, RN-BC, CEN, CFRN, FAEN  
President, Solheim Enterprises  
Executive Director, Project Helping Hands

Attendees will be informed of all  
speaker disclosures at the time of presentation.

### Setting the Pace 2014 April, 2014

The conference committee is already planning for our new expanded 2014 conference with more opportunities to become one of our faculty than ever before!!

Sessions will include Keynote and Closing lectures, 90 minutes in length, as well as standard courses, 75 minutes in length.

Proposals for "quick education sessions" will also be accepted.

Our audience will include newer and seasoned clinical nurses, those in leadership positions, educators, and advanced practice nurses.

Proposals should consider new, cutting edge, or high risk clinical topics with a best practice focus.

Faculty chosen will receive complimentary conference registration, and travel and overnight expenses

Submit a detailed proposal with behavioral objectives and targeted audience along with your CV to:

**SettingthePace@nysena.org**  
Attn: Sue Knapp

Proposals will be considered up to August 10, 2013



## Pre-Conference Sessions

### Attend The NYSENA Meeting Saturday April 13, 2013

The NYS council will be meeting from 8:00 am to approx 4:00 pm.

Any ENA member may attend. If you are not a member but are interested in our organization, contact one of our Officers or Board Members at the conference.

If you plan to stay for the meeting, please indicate this with your registration.

Save the Date...

### Setting the Pace 2014!

April, 2014

Rochester, NY

For general inquiries, speaker opportunities or additional information contact us at [SettingthePace@nysena.org](mailto:SettingthePace@nysena.org)

### Thursday April 11, 2013

7:00 am - 4:00 pm

Registration

8:00 am - 12:00 pm

12 Lead EKG Made EZ Boot Camp Program  
Chuck Margarites, RN, CEN, CFRN

Topics covered in this 4 hour intensive course include proper lead placement, understanding normal vs. abnormal, axis and hemi-block determination, bundle branch blocks, differentiating wide complex tachycardia, and myocardial infarction recognition. There is a lot packed into these four hours, but the time will fly as you learn. Chuck Margarites has over 20 years experience in the field of critical care, emergency and transport nursing, and is recognized as an expert in his field.

8:00 am - 12:00 pm

Leadership Workshop; Sharing Successful (and Unsuccessful) Practices in the ED  
Moderated by  
Deb Delaney, MS, RN, CEN  
Kathy Conboy, BSN, RN, CEN

Being an ED nurse manager, coordinator, charge nurse, or educator involves so much more than assuring quality patient care. We are now complying with CMS core measures, preventing errors and providing safe patient care while boarding more patients than ever. We are seeing increases in patient volume and violence; decreases, in many cases, with patient and staff satisfaction. The challenges seem unachievable more often than not. Come and share your challenges, questions, and successes with a group that knows!



Questions? E-mail us at [SettingthePace@nysena.org](mailto:SettingthePace@nysena.org)

# Conference Sessions

## Thursday April 11, 2013

**7:00 am - 4:00 pm**

Registration

**1:00 pm - 1:15 pm**

Opening Remarks

Kathy Conboy, BSN, RN, CEN  
NYS ENA President

Jill McLaughlin, BSN, RN, CEN, CPEN  
Conference Chair

**1:15 pm - 2:45 pm**

**Keynote: Nursing for the fun of it, heaven knows it's not for the money**  
Jeff Solheim, MSN, RN-C, CEN, CTFN, FAEN

Jeff is a Registered Nurse with a varied background. He has worked on medical-surgical units, intensive care units and the emergency department, serving in roles as diverse as staff nurse, flight nurse, nursing administration, trauma coordinator, nurse educator and state surveyor. Since 2004, Jeff has authored eight books and contributed to numerous others while travelling around the world delivering seminars and speeches to more than 500 audiences.



**3:00 pm - 4:15 pm**

**Trauma Triad of Death: Acidosis, Hypothermia, and Coagulopathy**  
Jeff Solheim, MSN, RN-BC, CEN, CFRN, FAEN

Trauma is a rapidly evolving area that requires constant education to remain on the cutting edge. This presentation will focus on hypothermia and acidosis, and their negative consequences attributing to increased morbidity and mortality in our trauma patients. Jeff is known to weave his down-to-earth speaking style with his incredible sense of humor and stories from around the world to create memorable presentations and seminars.

**4:15 pm -6:00 pm**

Grand Opening Exhibit Area

Join us for an open reception to welcome and support our vendors and sponsors.

Poster presentations

Posters from your colleagues will be on display throughout the event.

# Conference Sessions

## Contact Hours

This activity has been submitted to the Emergency Nurses Association for approval to award contact hours. The Emergency Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

## Conference Info Online

Registered attendees are reminded to visit our website beginning on Monday April 22, 2013 for access to speaker materials, surveys and more.

## Comfort / Courtesy

Be prepared for changes in temperature and dress accordingly and in layers.

Children are not allowed in the educational sessions. Please plan for child care if necessary through the hotel.

Out of respect for other attendees and our instructors, please turn off or mute all cell phones / pagers during the courses and refrain from texting.

## Seating

Every effort is made to accommodate attendees at the session of their choice. Seating is based on a first come, first served basis and must be occupied at the start of the session. Standing or sitting in the aisles or on the floor is not permitted.

## Friday April 12, 2013

**7:30 am -12:00 pm**

**Registration**

**7:30 am - 9:00 am**

**Continental Breakfast with Exhibitors  
Poster presentations**

**9:00 am - 10:15 am**

**Initial Diagnosis and Management of Life-Threatening Thoracic Trauma  
Robert Lancey, MD, MBA**

We learn a systematic way to evaluate any trauma patient and apply those principles daily. Thoracic trauma puts multiple structures at risk of injury. Will the patient require multiple tests, or surgery? What can you anticipate in the care and management of your patient with thoracic trauma? Trauma may not present to your ED every day, this presentation will assist you in being better prepared when it does.

**New Tools for a Changing Paradigm in Adolescent Suicide Care  
Pat Breaux, RN**

There is growing state and national consensus that business as usual in the way we provide emergency care for teens with suicidal ideation and suicide attempts is not working, and a new framework is emerging . How will this impact NYS Emergency care providers? What is the research telling us about what is and isn't effective? Also discussed will be a streamlined assessment process and intervention tools available.

**10:15 am - 10:45 am**

**Coffee with exhibitors**

**10:45 am - 12:00 pm**

**Adolescent Sports Concussion Update: Emergency Department Management  
Nicholas Belasco, DO**

Concussion is a hot topic in the news. Research is shedding new light on the significance of multiple concussions; chronic traumatic encephalopathy, second impact syndrome, as well as an inability to return to prior cognitive functioning, to name a few. Teens who play sports are at risk for concussion but that bump to the head may not be recognized as a mild traumatic brain injury. Commonly missed symptoms, concussion management pearls, and how we could better educate our teen patients and their caregivers are among the highlights of this presentation by a concussion specialist physician.

# Conference Sessions

## Friday April 12, 2013

**10:45 am - 12:00 pm (Con't)**

### **Rock a Bye Baby- Neonatal Emergencies**

**Lisa (Kosits) Matamoros, DNP, RN-BC, CEN, CPEN**

Neonates require special care. They come to the ED with sepsis, apnea, congenital heart disease, and/or hypoglycemia. Or they arrive via an emergency delivery. How does their anatomy and physiology differ from the infant? Primary, secondary, and focused assessments of the neonate with these conditions will be reviewed, as well as what we do with them once we have them in our ED.

**12:00 pm - 1:15 pm Lunch and awards**

**1:15 pm - 2:30 pm**

### **Street Drugs: The Good (?), The Bad and The Unusual**

**Jenifer Nerone, RN, CEN, Certified Forensic Nurse**

This presentation will focus on recognizing common street drugs, such as heroin, cocaine, LSD, ketamine, GHB, Ecstasy, spice, bath salts, pooter juice, and jimson weed. Signs and symptoms of drug use and overdose, as well as treatment modalities will also be discussed.

### **ETCO2 Made Easy**

**Chuck Margarites, RN, CEN, CFRN**

End tidal CO<sub>2</sub> is an important tool for confirming advanced airway placement, but it is often overlooked for measuring metabolism, cardiac arrest treatments, and respiratory decompensation. If you are using this technology, are you embracing it's full utility? This presentation will give an overview of how to use ETCO<sub>2</sub> to stay 3 steps ahead of your most critically ill patients.

### **NY State Office of Professional Discipline (OPD) –**

**If you are unconcerned... Here are some lessons learned**

**Lawrence Loewy, RN, CCRN, CEN**

Do you know what the NYS Nurse Practice Act says? Do you know what is and is not within your scope of practice? This case study will educate you regarding the dangers to yourself and your patients if you practice outside your scope. This is one nurse's journey through the legal tangle of charges brought against him and his eventual exoneration. Think it can't happen to you? Find out how to help make sure it doesn't.

**2:30 pm - 2:45 pm Break**

**2:45 pm - 4:00 pm Closing Presentation**

### **Closing Presentation**

#### **Understanding Best Practice and Implementing it in Your ED- It's Easier Than You Think!**

**Deb Delaney, MS, RN, CEN**

We are all too familiar with delays and issues in the ED. There are input, throughput, and output factors which affect patients visits to the ED. Best practice and benchmarks are not the same but how are they different? This presentation will help you recognize best practice opportunities and identify ways to implement them at your facility.

**4:00 pm - 5:00 pm**

**Basket Raffle / Closing Reception**

# Special Events

Each year we have our opening and closing receptions in the exhibit area. Our exhibitors, many of whom have supported us for years, have important information and education to share. They listen to our comments about products we need in the future. And they provide resource information we take back to our EDs

Since 2002, we have sponsored a basket raffle to support a scholarship for a prehospital or emergency responder to use toward an undergraduate nursing degree.

In 2011, NYSENA decided to begin the process to endow this scholarship. We have committed to raise \$100,000 for this effort!!! The basket raffle is our most fun fund raiser, and everyone benefits!! The baskets each year have become a shoppers delight to meet the tastes of any of the attendees. We all wait to hear our name called while enjoying a last visit with colleagues from across the state.

## Call for Poster Presentations

(And Best Evidence Practice Papers)

The New York State Emergency Nurses Association (NYSENA) is seeking research and evidence-based practice abstracts that address emergency care issues including clinical, education and injury prevention for presentation at the 2013 ENA Annual Setting the Pace Conference to be held April 11 & 12, 2013 in Tarrytown, NY.

This is an excellent opportunity to present your work and discuss the problems of, and solutions to, many of the pressing issues in today's emergency health care environment with nurses, managers, leaders, researchers, and other participants.

### Abstract Guidelines

The paper and poster sessions are focused on topics that are of interest and importance to nurses, managers, educators, researchers and others who practice in emergency care settings.

Abstracts must reflect either completed projects or projects in the final stages of completion with results available for inclusion in the poster presentation. Suggested topics include, but are not limited to, abstracts which address clinical practice, education, research, injury prevention, quality & patient safety, trauma, government affairs, pediatrics, telephone triage, emergency medical services, forensics, etc.

Authors may submit abstracts for more than one paper and/or poster. ENA prefers to accept posters and papers from a variety of authors. A primary presenter is the individual who registers for the conference (registration is required) and who presents the paper or poster at the conference.

This presenter will have their poster hung at the conference but the presenter does not need to stay at poster, they may attend classes at the conference.

Note: Primary presenters are expected to adhere to the guidelines and schedules concerning dates and time periods of poster display as well as the specific time periods the presenters are required to be at their posters in order to answer questions and/or discuss poster content with conference attendees. "Poster Instructions" outlining these requirements are sent via e-mail to the primary contact and primary presenter prior to the date of the conference.

Poster Awards Program: Sponsored by the NYSENA, the Poster Awards Program is open to all authors of presented posters (both ENA members and non-members). Two awards will be given out – one for the best Research poster, and one for the best Evidence-based Practice poster. To be eligible for this award, the poster must be set up at the start of the conference - NO exceptions. Additional information is available contact Sue Chalupa Breese at [sbreese@rochester.rr.com](mailto:sbreese@rochester.rr.com).

The deadline for submission is March 29, 2013.

**Questions? E-mail us at [SettingthePace@nysena.org](mailto:SettingthePace@nysena.org)**



# Call for Annual Awards

**Awards are presented each year at the annual conference**

## **EDUCATION AWARD**

Recognizes an ENA member who has demonstrated excellence in the education of nurses or others in the area of emergency nursing.

## **SPECIAL RECOGNITION AWARD**

Presented to an individual who has demonstrated commitment to NYSCENA and helps to promote the ideas of emergency nursing through various special projects.

## **ANITA DORR AWARD**

Presented to an emergency nurse who is recognized by his/her peers for consistently being knowledgeable in emergency nursing and for presenting him/herself as a caring professional individual, reflecting the integrity and commitment of the woman in whose memory the award is given...the co-founder of ENA, Anita Dorr.

## **GINNY HENS EMS AWARD**

This award is given to an ENA member who promotes collaboration between prehospital care providers and ENA through various activities and projects.

## **RISING STAR**

Recognizes a NYSENA member of less than 4 years who has made a significant contribution or commitment to a chapter or the NYSENA council. One letter of support must be from a chapter president or member of the NYSENA council.

## **CERTIFICATES OF APPRECIATION**

Given to non members of ENA, who have assisted ENA in any variety of special activities.

**Submission of nominations should be sent to the NYSENA President Elect by March 15, 2013**

Ginny Hebda

[presidentelect@nysena.org](mailto:presidentelect@nysena.org)

**Questions? E-mail us at [SettingthePace@nysena.org](mailto:SettingthePace@nysena.org)**

# Register today for Setting the Pace 2013

April 11-12, 2013

Double Tree by Hilton Tarrytown  
Tarrytown, New York

## Registration Deadline

No mail registrations will be accepted after April 4th 2013. All registrations postmarked March 14th and later will be processed at the late fee registration rate. Onsite registration will be accepted on a space available basis.

**Please Note: No checks for Registration will be accepted after March 11th, 2013.**

**Registrations will not be accepted without payment. If your hospital is paying we suggest a personal check and NYSENA can provide receipt when requested for reimbursement.**

**To facilitate receiving confirmation, conference info and CE post conference,**

**ONLINE REGISTRATION IS STRONGLY RECOMMENDED.**

## Cancellation Policy

Refund requests must be received in writing.

At Least 15 DAYS PRIOR—75%

At Least 10 DAYS PRIOR—50%

After APRIL 10TH—NO REFUND

## Location / Hotel Information

The Doubletree by Hilton at Tarrytown  
Tarrytown, NY

455 South Broadway  
Tarrytown, NY 10591  
914-631-5700

A block of rooms has been reserved for the ENA conference at the rate of \$139.00 per night. Attendees need to mention that they are with ENA to get the rate

You must make reservations before March 18, 2013 to assure the rate and availability. [Click here to register now!](#)

## Photography

Attendance at the conference constitutes your permission/consent for photographs to be taken and used by NYSENA for future promotional efforts. These photos are for NYSENA use only.

## Online

Register and pay using our secure site at:

**www.NYSENA.org**

## By Mail

Send your registration form to:

Setting the Pace 2013

Attn: Dan Dennis

10321 Short Cut Rd.

Weedsport, NY 13166-9559

Registration is not guaranteed until full payment is received.

If registering by mail, please use a separate form for each registrant. Please print.

Mr./Ms./Dr.	First Name	Last Name	
Title		ENA #.	
Organization		Organization City	
Address			
City	State/Province	Zip/Postal Code	Country
Phone/Extension		E-Mail (home)	

If you require special materials or services as covered under the Americans with Disabilities Act, please notify registration coordinator Dan Dennis. Notices must be received in writing by March 30, 2013.

## APRIL 11th & 12th — CONFERENCE AND PRE-SESSIONS

*Includes all materials, breaks, and awards luncheon.*

Are you a first time attendee? ☐ Yes ☐ No

Do you require a vegetarian meal? ☐ Yes ☐ No

Will you be staying for the NYS Meeting on Saturday? ☐ Yes ☐ No

PRE-SESSIONS: April 11, 2012

Select one: ☐ 12 Lead Boot Camp ☐ Leadership Workshop

ENA Member	\$60.00	_____
Non-ENA Member	\$70.00	_____

CONFERENCE: APRIL 11 - 12, 2013

ENA Member (postmarked by March 7th)	\$150.00	_____
Non-ENA Member (postmarked by March 7th)	\$170.00	_____
ENA Member (postmarked after March 7th)	\$170.00	_____
Non-ENA Member (postmarked after March 7th)	\$190.00	_____
UNDERGRADUATE/NURSING STUDENT	\$120.00	_____

(Students must be in an initial nursing program.)

## Method of payment

☐ Check or Money Order enclosed (Please make checks payable to "NYSCENA")

Please charge my: ☐ Discover ☐ MasterCard ☐ VISA

Card Number:

Expiration Date (Month/Year):   /

▼ Name on card

Signature (as shown on credit card):