



EMERGENCY NURSES ASSOCIATION
New York State Council

Setting the Pace

June 2000 • Volume 20, Number 3

NYSCENA • P.O. Box 23451 • Rochester, NY 14692-3451

PRESIDENT'S MESSAGE

Cathy Norton Lind, F.N.P., CEN

Participants at our annual State Conference in Niagara Falls enjoyed the presentations given by Benny Maret, National ENA President, Susan Budassi Sheehy and Joanne Fadale, former National Presidents, and Mary Schmidt-Roth, NYSCENA President-Elect. Conference attendees came away with renewed spirit, greater understanding of fellowship and appreciation for the importance of communication and collaboration, not to mention how to address body piercing issues.

The Brooklyn-Staten Island and Western New York Chapters hosted the opening celebration. All enjoyed an evening with a Caribbean flair in their fabulous tropical costumes. We are ready for summer!

For the first time scholarships were made available by Council for the purpose of providing means for nursing students to participate in our education programs. We welcomed Michael and Peter from Malloy College who participated in the State Council meetings and activities. It was great meeting and we enjoyed sharing our experiences with them.

The awards program was held during the luncheon session on May 5th. The guest list included Benny Maret (SC), ENA President, Sherry-Lynne Alameida (TX), Secretary-Treasurer, Mel Wilson (NY), Director-at-Large, Susan Sheehy (MA), Past-President, Joanne Fadale (NY), Past-President, and Katherine Burke from the Brooklyn-Staten

Island Chapter, who has been an ENA member since its conception 31 years ago.

This year's awardees were: Peggy Burke (Genesee Valley) for the Anita Dorr Award, Denise Harris (Brooklyn-Staten Island) for the Special Recognition Award, and Eileen Cronin (Brooklyn-Staten Island) for the Nursing Education Award. All these women truly embody the mission and vision of the Emergency Nurses Association and serve as role models for all of us. Congratulations to all!!

Remember General Assembly will take place in Chicago on September 20-21, 2000. All interested in attending as a delegate from New York must contact their respective chapter president for delegate applications. Please remember that traditionally delegate funding has been based on revenue from the annual state conference. Recent years have demonstrated a decrease in conference participation which results in decreased delegate funding. All applications must be mailed to me at: 141 Beach 207th Street, Rockaway Point, NY 11697.

The next State Council meeting will take place on Saturday, August 12, 2000. The location is the Embassy Suites Hotel at the World Financial Center in Manhattan. A CEN review course will be held at the same location on Friday, August 11. Further information regarding hotel accommodations and meeting agenda will be mailed out in June. I am looking forward to seeing you there!

MEMBERSHIP SURVEY

Mickey Forness

Following up on the 'Year of the Member' article in the last newsletter, this article will examine the results of the membership survey in regard to the issue of member activity at all levels of the organization.

Many of the respondents have participated at all levels with the majority having attended local chapter meetings. Since this is the current grassroots level in New York State, this is a very positive finding. However many obstacles to chapter participation were noted. Time issues are the predominant problem. Other issues include work and school schedules, inconvenient times, lack of advanced notice, and family obligations. The question regarding chapter leadership revealed that many people were not interested in these positions for a variety of reasons. Things that were helpful in drawing members to local meetings included: continued education offerings, location, cost, and advanced notice. Some of the issues that prevented members from being more active included: lack of time, location of meetings, travel time, child care considerations, and other previous obligations.

Looking again at better meeting the needs of the member the question was posed as to what specifically ENA needs to change. More than 25% said no change was needed. Over 30% gave no response. Some of the issues that were specific to National included: getting office organized, lower costs of educational courses, development of standards for nurse/patient ratios. Many of the comments involved the CEN process. It was felt that the renewal option was too cumbersome. Several people thought permanent certification with

continuing education maintenance was the way to go. Some suggestions for change at the State level included: more convenient locations of meeting, collaboration with other nursing organizations, lowering the cost of educational offerings. Suggestions for change at the local level included: reminders of meetings sent to ED's and members, more concern about the members, and increase activity in community education. Developing methods for recruiting new officers at both the state and local level were mentioned.

On a very positive note respondents found many advantages to being an ENA member: the opportunity for increased professional growth and development by networking with colleagues, the sense of belonging and knowing that ENA understands the issues of emergency nurses, educational offerings especially the CEN and JEN, being part of a large group that gives emergency nursing a voice. These are the benefits the respondents see and refer to when they encourage friends and coworkers to join the organization. Of course let's not forget the great people and all the fun.

Many of the members thanked the Council for the survey and the opportunity to give their input. On behalf of the Council, I would like to thank all the members who responded. After much deliberation and consideration of the suggestions, we hope to develop a good working plan to make your ENA better for you. Our summary and plan will be forthcoming in a future issue of the newsletter.



SHOEBOX MEDICINE

Lynn I. Kanser, RN, CEN

On mid-January I had the great 'fortune' to spend a week in the Dominican Republic with St. James Episcopal Church Medical Mission, sharing a little medicine and a lot of love with some profoundly poor people. Believe me the word 'fortune' has taken on new meaning for me since I returned from journey.

The first day we drove to the clinic site at Las Piedras (The Rocks) on a road which one of our group so aptly described as "something out of Indiana Jones". Vans and mopeds were weaving around huge pot holes and swerving to avoid donkey-carts and children on horseback. Tropical music was blaring and meat, vegetables, and fruit were being sold in open-air markets.

We pulled into our "clinic" (which was more like a big white MASH tent) and people dressed in their finest clothing were already lined up in the hot sun, waiting for the free medical care we would provide. Where's a good triage nurse when you need one? We were told they started lining up at 4:00am hoping to be near enough to the front of the line to get a precious 'triage sheet', their admission ticket so to speak. Approximately 200 were handed out daily as we had one physician and one PA. The rest were asked to come back mañana (tomorrow).

The people here were inherently healthy considering their water sources were contaminated and their diets poor in protein. We treated mostly parasites and anemia but were also able to diagnose several cases of hypertension and diabetes.

Mid-week we moved to our second site, a village called Progreso Dos. We actually had a cinder block building our construction crew had completed last year. It had electricity but no running water. Here we saw a lot more hypertension (strange since these people eat little red meat or added salt in their diets). It was here that I saw starving children face to face for the first time in my life - eight year olds weighing barely forty pounds. Yes, Mom, there really are starving children in other countries.

One man we treated for back pain (he cut sugar cane for a living), returned soon after with an anaphylactic reaction to the ibuprofen we had given him. Quick! Where's the drug box - I mean shoebox?? We gave him a quick injection of Epinephrine and I reached for the IM Benadryl only to find that most of them had broken in transit. We found an unbroken tubex and gave him 50 mg. We had no steroids - only PO Prednisone, so it was a tense half-hour. It seemed like years until we knew he would be OK. I had visions of intubating this man and bagging him in the back of one of our rental vans (no ambulances here!) during the better than one hour ride to the nearest hospital. We checked in him later that day and again the next and he was doing just fine.

Our other worrisome case was a man helped to the front of the line who was anxious, ashen and diaphoretic. He was complaining of chest pain and shortness of breath. How do you say '911' in Spanish? Oh- there is no 911!! There isn't even a phone!!! Wow - we didn't have an EKG machine or any cardiac monitoring. Our only screening tools were urine dipsticks and a glucometer. No help there! This man was extremely hypertensive so we did what we could. We treated him with Aspirin, antihypertensives and observed him for several hours. With frequent vital signs and some very simple comfort measures he felt well enough to go home (a building not much larger than our utility sheds - dirt floor, no doors or windows, no indoor plumbing). Was he having a heart attack? I guess we will never know!

We saw 1500 patients in just six days with our two providers and four nurses. We treated El Grippe (their version of our flu), UTI's, pelvic infections and as I mentioned earlier, parasites, anemia and hypertension. And on the last day (the day when there was no maOana) we sadly turned away those we were unable to see - knowing there was so much more to do.

On Sunday we had the pleasure of going to the local church with these wonderful people who gave us back one hundredfold with their love what little we had given to them. They hugged us, blessed us, sang with us and thanked us for everything - a great change from the oftentimes impatient, ungratefulness we face at home.

As we prepared to leave, homesick for our loved ones and coworkers, a part of us wanted to stay with these simple men and women whose lives seemed so unspoiled by our modern day conveniences. I know they will always have a place in my heart and my prayers. Someday I hope to return to my brothers and sisters in the Dominican Republic. It was an experience I shall never forget.

NEW YORK STATE ENA MONEY MATTERS

Marylou Killian, NYSCENA Treasurer

Over the past year I have spoken with a number of people about the costs of being a member of professional organizations. In many cases nurses may be called upon to be members of unions and then one or more professional organizations depending on their specialty of practice, job role and personal interests. Quite frankly this can become very expensive if we join ENA as well as all the other organizations affiliated with our practice especially when we do not know what we get for our dues and are faced with notification of dues increases. In the next issues of Setting the Pace you will be seeing articles about what happens to your dues and the cost of running New York State Council Emergency Nurses Association. This article is dedicated to an overview of the financial activities for 1999.

INCOME

Total Income: \$61,643.94

Sources of Income	Percent of Total Income
State Conference	42.24%
Membership dues	36.35%
TNCC/ENPC	12.58%
Meal Reimbursements	7.75%
Other	0.85%

EXPENSES

Total Expenses: \$54,614.32

Type of Expenses	Percent of Total Expenses
State Conference	46.90%
NY Delegation to Annual Meeting	10.30%
Board of Directors	7.62%
State Quarterly Meetings	6.72%
Donation to Emergency Nurses Foundation	5.49%
Newsletter	5.23%
Capital Purchases	4.84%
Legal and Professional Services	2.75%
Bonding and Insurance	1.68%
Other	3.20%

As you can see our organization did well financially in 1999. Excess revenue from last year has allowed us to continue activities that do not produce revenue as well as be able to pay for meals for NYSENA members who choose to participate in the State Council meetings. Remember these meetings are open to all ENA members. I hope to see you there.

The next issue will focus on what happens to your national dues. If you have any questions or comments on NYSCENA financial matters, feel free to write Marylou Killian at 20 Swan Court, Lagrangeville, NY 12540. Email address is MLK724@aol.com

NEW YORK STATE
EMERGENCY NURSES ASSOCIATION
PRESENTS

CEN REVIEW COURSE
AUGUST 11, 2000
8:00 AM - 5:00
EMBASSY SUITES HOTEL
203 WEST 41ST, N.Y., N.Y.

COST:

REGISTRATION

POSTMARKED BY:

JULY 12

AFTER JULY 12

ON SITE

ENA MEMBERS

\$ 85.00

\$ 95.00

\$ 125.00

NON-MEMBERS

\$ 110.00

\$ 120.00

\$ 150.00

(Price includes snacks, course materials & an invitation to a reception after the program to meet with ENA New York State Council Members)

REGISTRATION FORM

NAME & TITLE: _____

PLACE OF EMPLOYMENT: _____

ADDRESS: _____

TELEPHONE # (H) _____ (W) _____

ENA NUMBER: _____

Have you taken the CEN before? _____

Please send check or money order payable to **New York State ENA**

Susan McAllen

Chairperson NYSENA Education Committee

6 Potomac Court

Washingtonville, N.Y. 10992

Any questions please feel free to call: (914) 496-8429

EN CARE... ENA's Injury Prevention Institute

Reporting Form Month _____ Year _____ State _____ Report by _____

Alcohol Awareness	Child Passenger Safety	Crash Course	Bike/Helmet Safety	Gun Safety	Domestic Violence
Dare To CARE TAKE CARE Learning to CARE	CPSTT 4-day classes _____ _____ _____	Crash Course	Bike Safety Rodeos _____ _____ Other _____	Master Lock Distribution # _____ Location _____	Polaroid Programs # programs _____ # attending _____
Dare To CARE # presentations _____ # attending _____ other events _____	Adopt-A-Dealer _____ _____ Adopt-A-Day Care _____ _____ _____	# Presentations #Attending	Classroom _____ # programs _____ # attending _____ Comments _____ Helmet distribution Location _____ #of helmets _____ Sponsors _____	School program # programs _____ # attending _____ Parent program # programs _____ # attending _____	Training scheduled Date _____ Location _____
TAKE CARE # presentations _____ # attending _____ Other events _____	2-day classes _____ _____ Demos _____ _____ _____	Other activities in state _____ _____ _____	Inline skates/skate boards # programs _____ # attending _____ other events _____	Other activities _____ _____ _____ _____	Other activities _____ _____ _____ _____
Learning To CARE # presentations _____ # attending _____ other events _____	CSS checkpoints # done _____ # of seats checked _____ other org involved _____	Comments _____ _____ _____ _____	Comments _____ _____ _____ _____	Comments _____ _____ _____ _____	Comments _____ _____ _____ _____
Comments _____ _____ _____ _____	Comments _____ _____ _____ _____				

For additional comments or reports use back of form or additional reporting forms.

Mail To: Peggy Burke
69 Florence Ave.
Rochester, N.Y. 14616

CHAPTER NEWS

Brooklyn-Staten Island

The annual teaching day, 'Emergency Response to Terrorism', was very successful. There were 130 participants and the chapter provided the materials and lectures at a very low cost as a way to give back to their members. Madge George won a scholarship to the Scientific Assembly and Jeannette Bandoy won an ENA membership. The chapter is making efforts to promote the emergency nursing profession to nursing students in their area. Also the chapter is involved in promoting critical stress incident debriefing (CISM). CISM is available to the nurses in their chapter area to help cope with stress and crisis. Staten Island CISM pager #917-947-7298

Manhattan-Bronx

The Manhattan-Bronx is making efforts to make their meetings accessible to their members. They alternate sites every month and offer CECH's at their monthly meetings. They have had speakers on a diverse mix of topics including: "Nursing in Tibet", The Future of ED Nursing in NYC", "You Have Been Subpoenaed - Now What Do You Do", "Acupuncture in the ED". They are currently planning a major educational program yet to be announced.

Mohawk

Mohawk Chapter is promoting themselves and emergency nursing by manning a booth at a local trauma symposium in June. They continue to keep their members active and recruit new members.

Nassau-Queens

Nassau-Queens would like to congratulate Virginia Tufaro on receiving the Nursing Hero Award sponsored by the American Red Cross and Nursing Spectrum. They would also like to congratulate some of their members on their new positions:

Cathy Norton Lind - Director of Emergency Nursing at Brookdale Hospital
Virginia Daly - Vice-President for Nursing at St. Mary's Hospital for Children
Virginia Tufaro - Trauma Coordinator at North Shore University Hospital
Judy Jax - Trauma Coordinator at Winthrop University Hospital
Mary Mahoney - Nurse Educator at Franklin General Emergency Department
Mary Ellen Zimmerman - trauma Coordinator at Jamaica Hospital
Christine Corcoran - Acting Nursing Care Coordinator at Cabrinia Medical Center
Lia Karadimas - Assistant Nursing care Coordinator at Cabrinia Medical Center

COMMITTEE NEWS

CONFERENCE COMMITTEE

A big "Thank You" to Linda Yonkin and her committee for another successful conference. There were excellent speakers and topics. Everyone laughed a little and cried a little. Next year's conference will be held at Turning Stone, Verona. Dottie Krause will chair the committee. We look for you to come and learn and have fun!

EN CARE:

As many of you know, injury prevention has changed its name to EN Care and is in the process of updating its program. The three level chart below helps clarify the structure of EN Care. Currently there are six programs that are up and running or are in progress of being revamped by the end of the year. I am looking for a chairperson for each of the six programs on a state level. The chairperson role would be to help members get programs developed in their areas. If you would like to be considered for one of these positions or need more specific information, please contact me. (See below)

Enclosed in this newsletter are new course/activity reports for all of the EN Care programs you conduct. Please copy these and fill one out for all injury prevention activities. They must be returned to me. I will correlate these reports and send them to National. I will also report out all injury prevention activities in the state in this newsletter. Send reports to:

Peggy Burke
State EN Care Chairperson
69 Florence Ave.
Rochester, NY 14616
E-mail: Peg_Burke@urmc.rochester.edu
H - 716-663-2247

Emergency Nurses CARE Organizational Structure

EN Care Institute (National Level)

EN Care Institute State Chairperson

Peggy Burke

(Reports to the NYSCENA and EN Care National Office)

Alcohol Awareness

Child Passenger Safety

Gun Safety

Learn to Care

Dare to Care

Take Care

Bicycle & Helmet Safety

Crash Course

Domestic Violence

NURSING HEROES

Virginia Tufaro of the Nassau-Queens Chapter was recently honored with the Nursing Hero Award from Nursing Spectrum for her quick actions in saving a young man's life. She was horseback riding at a local equestrian center when she noticed a 16-year-old rider galloping past her. The horse soon returned riderless. Fearing the worst she went in the direction she saw the horse come from and found the young man face down, lifeless. Virginia quickly stabilized his neck and airway and began rescue breathing. Virginia stayed with the boy until he reached the trauma center. After five days in a coma with shearing brain injury and rehab, the boy has returned to being a teenager.

Susan D. Knapp of the Genesee Valley Chapter was recently honored at local police and fire banquets for her willingness to get involved when a 12-year-old boy's hand was amputated. Susan was making purchases at a local cider mill when workers rushed the boy into the store with complete amputation his right hand. He had been pushing apples into an apple auger. Susan held pressure to the limb, provided emotional support and instructed onlookers on the care of the amputated part. Replantation of the hand has been successful and the boy is expected to have a near full recovery of his hand.

Coleen Vesely of the Mohawk Chapter is co-founder of a group called "Foundations For a New Beginning". This project was developed to collect new undergarments of all sizes and types for men, women and children for distribution to safe houses. Victims of domestic violence often leave their homes without this item. The safe houses do not have any to provide as they can not accept donated used undergarments. This program will provide education on domestic violence along with its collection activities. This project has caught the attention of the National ENA and a fund has been established through the Emergency Nurses Foundation for corporations to donate financially or in kind and receive tax benefits. You will be hearing more about this endeavor.

Congratulations to all our nursing heroes. They certainly don't think they are heroes. When asked they would say, "I did what I had to do." "Anyone would have done the same." "I was just in the right place at the right time." "I didn't do anything I wouldn't do any day at work" All nurses are heroes for doing what we do everyday. But isn't nice when we recognize each other for these moments.

Do you know a nursing hero? Please send the editor information on a nurse you would like to recognize for his/her 'heroics' no matter how big or small. This could be a regular feature.

NEWSLETTER TASK FORCE

Please submit any ideas, suggestions, or articles to:

Editor: Susan D. Knapp
E-mail: SDKnapp@computer-connection.net
Phone: (315) 524-9883

Next issue deadline: July 5, 2000



EMERGENCY NURSES ASSOCIATION
New York State Council

Bulk Rate
U.S. Postage
PAID
Rochester, NY
Permit No. 1404

57 P1 **AUTO**ALL FOR AADC 105
Christine Corcoran
Apt 2
49 Windle Park
Tarrytown NY 10591-3935

ENPC COURSE DATES

November 3-4	Westchester Medical Center Lower Hudson Chapter	Christine Cerulo 914-344-0221
Fall	CHAT	Michelle Silliker 716-373-0735
October 18 October 25	Manhattan Bronx Chapter	Sue Callaghan-Montella 212-562-6561
TBA	Nassau Queens Chapter	Christine Corcoran 914-631-2742
Oct/Nov	St. Vincent's Hospital Brooklyn-Staten Island	Carol Jarnel 718-761-5060 or catmom310@aol.com

TNCC COURSE DATES

October 18-19	Westchester Medical Center	Rita Anderson 914-783-2384
October 28-29	Rochester General Hospital	Kathy Karski 716-922-4732
October	Nassau Queens Chapter	Mary Hayes 718-558-2405
Sept/Nov	Mohawk Chapter Ulica	Coleen Vesely 315-858-2507 Fil Talarico 315-798-8127
TBA	Genesee Valley Chapter	Kathy Karski 716-922-LINK
August 16 & August 23 November 3 & November 10	Manhattan Bronx Chapter	Sue Callaghan-Montella 212-562-6561
September	Southern Tier Chapter Wilson Hospital - Johnson City	Alice Sturckler 607-724-2304

EDUCATIONAL OFFERINGS

CATN	August 3-4 November 13-14	New York Presbyterian Hospital (Weill Cornell Center)	Steve Weinman - RescSteve@aol.com 212-746-2914 • Fax - 212-746-1490
CEN Review	June 15 & 22	Nassau-Queens Chapter	Lia Karadimas 212-746-5026
CEN Review	August 11	Embassy Suites Hotel 203 West 41st, NYC	Susan McAllen 914-496-8429