

Setting the Pace

Vol 31, Issue 2

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Greetings!

We are happy to present you with the New York State Emergency Nurses Association's first electronic newsletter. We are proud to be taking this initiative to



provide our members with a state of the art, cost effective, and environmentally responsible alternative to our past issues. We hope you will find this format easy on the eyes, simple to navigate and still note our rich content you have come to expect. Please feel free to respond with any comments, feedback or suggestion help us evolve this medium as we move forward.

2011 PRESIDENT'S MESSAGE - Mickey Forness



Collaboration, The Name of the Game in Emergency Care

Collaboration is the art of cooperation to accomplish safe appropriate care. With the concern for patient centered care, the need for collaboration has become ever

more important. Our interaction with our colleagues is very far reaching, beginning with our EMS partners, ED physicians and Consultants, and ED coworkers, nurses, techs and clerks. Our work could not be completed without the ancillary services of radiology, lab and cardiopulmonary. The support services of environmental services, maintenance, biomedical and dietary are also necessary to provide excellent patient care.

In this age of data driven decision making, the information systems department has become vital to our daily operations. Several other groups also interact with us on a regular basis, including transport, care managers and pastoral care. We must work with all of these providers and develop a cooperative working relationship to enable us to provide the best possible care we can for each patient we encounter. How to maintain that positive working environment is a daily challenge.

An easy way to develop and maintain relationships is to just say "Thanks" when any of these folks provide a service to us or our patients. When including our colleagues in educational offerings, it is amazing how much cooperation we can get when everyone understands the whys of what needs to be done. A brief note to the supervisor of a coworker who has done a great job will reinforce our teamwork. And never forget the positives of food; a tray of cookies to another department will assure great camaraderie.

I would like to personally recognize all our colleagues because without these other team members our job would be next to impossible. I also want to express to each and every ED nurse that you stand in the middle with the patient to coordinate all these activities. No one is more skilled at maintaining this process than an ED nurse.

During EMS week, May15th to 22nd, let us extend a special thanks to this great group of our colleagues and recognize them for all the work they do.

Setting the Pace 2011

Kathy Conboy, Conference Chair

Many thanks to all who attended the conference!! We had a record number of attendees at the conference and pre-sessions, and over 50 first time attendees. Our speaker and program evaluations indicate that we succeeded in providing you with a conference that met your educational needs AND allowed you a chance to have some fun, win some baskets, contribute to the 9/11 scholarship fund, and enjoy the Saratoga Springs area! You can log on to NYSENA.org and enjoy pictures from the conference!!

My thanks to all of the council members who assisted the conference committee and especially those on the conference committee: Jill McLaughlin, Barbara Clasen, Mary Ellen Jennison, and our AV champion Bob Breese.

My thanks also to our speakers for providing us with important and stimulating evidence based education. In keeping with our continued "Going Green" efforts, here are their e-mails if you wish to contact them for more information.

Stroke: Mary Ann Teeter <u>mmat217@aol.com</u>

Managers Forum: Laura Giles <u>lauraagiles@verizon.net</u>

Mary Ellen Jennison <u>mary_ellen_jennison@uhs.org</u>

Suzanne Pugh
Carleigh Gustafson
Maureen Hardiman
Spughrn@gmail.com
cgustafson@lenoxhill.net
mhardiman@lenoxhill.net

Legal: Edie Brous EdieBrous@aol.com Pediatrics: Stephen Gomez stephen_gomez@uhs.org Forensics: Carole Boutilier cbout612@gmail.com Bariatrics: Kathleen Carlson KKCARLS@aol.com scheetzl@newpaltz.edu Geriatrics: Linda Scheetz Customer Service: Deb Delany debdelrn@yahoo.com

Our exhibitors and chapter sponsors are recognized in this newsletter as well. They are incredibly important to our conference in our effort to keep the cost reasonable for those who attend.

Work is already under way for Setting the Pace 2012. We will again be in Saratoga Springs, so save the dates - April 19 and 20, 2012!!! We are extending our call for speakers to June 1. We will be providing some one hour

sessions as well as our usual lectures. We need your input, and I encourage you to go to our Web site - NYSENA.org to give us your ideas for conference topics and future locations. Is there mandatory education you would like? Are we meeting your magnet status goals? Your feedback is important!

Annual Awards Presented at Conference Luncheon

The New York State ENA annual awards were presented at a luncheon in the Bookmakers restaurant in the Holiday Inn on Friday, April 8,2011. The presentations were made by Awards Committee Chair and President-Elect Audrey Sealey and President Mickey Forness.

Recipient of the Special Recognition Award was Michelle Ford, RN, who was not able to attend. Receiving the award for her were Cheryl Marcel and a friend, Dave Marciniak, her nurse manager from Sister's Hospital in Buffalo, who contacted her on her cell phone so she could hear the presentation.



Special Recognition Award.

Judith Jax, Nassau Queens Chapter, Injury Prevention Chair for the NYS Council received the Education Award for excellence in the education of nurses and others in the area of Emergency Nursing.





Judy Jax, left, receives Education Award

The Ginny Hens EMS Award was presented to Coleen Vesely, Mohawk Chapter, who is EMS Chair for the NYS Council and who has been a liaison to the New York State office of EMS for many years.



Coleen Vesely, center, receives EMS Award

Ivy Budhai Henry, Brooklyn Staten Island Chapter, received the Anita Dorr Award, presented to an emergency nurse who reflects the knowledge, integrity and commitment of Anita Dorr, the co-founder of ENA.



Ivy Budhai Henry, center, receives Anita Dorr Award

Bring a Friend - I Did.

Now that I have gotten your attention, let me explain. I am lucky enough to be in the best profession in the world, nursing. The icing on the cake is that I get to practice this in the Emergency Department. Unless you do what we do, you do not understand why we love it so much. Yes, I have the bladder capacity of 3 people. Yes, I look at complete strangers and think "great veins". The ER nurse makes things happen; we get things done and we make a difference.

The ability to do this efficiently was not learned overnight. Every nurse remembers the first time we had to touch a patient when we were nursing students. Remember the first day on the unit after passing the boards. That was one scary time! I know we can all look back and remember the senior nurse that made a difference for us. That nurse became a mentor. Mentors smiled when we did well, frowned when we did not, but they had a way of doing all of that in a way that made us learn. I have been a nurse since 1995 and full time in the ER since 2002. My mentor, my hero, was a nurse named Dan who worked in the CTICU at Stony Brook University Medical Center. A day does not go by that I do not treat a patient in the way that Dan taught me. When I precept, I do it the way Dan precepted me. He made such a difference.

Where am I going with this? In April I went to the "Setting the Pace" Conference in Saratoga Springs, NY. These conferences are wonderful. They give you a chance to hear great speakers, socialize with nurses from other facilities, and have some well earned fun. You hear this often, "Wow, they have the same problem at their hospital."



What made this conference more exciting for me than previous ones is that I <u>brought a friend</u>. As an older nurse, I marvel at the talent of many of the new young nurses entering our field. I know they are different from us. I know if they do not text someone every thirty minutes they go into withdrawal. We are lucky to have many of these talented nurses starting their careers at Stony Brook. So when I asked if anyone wanted to join me in Saratoga, I was thrilled when one of our young superstars, Lisa Prager, stated that she would love to come. This is the same nurse who borrowed my program from last year's national conference to see what a conference is all about. So off we went to Saratoga Springs and I was <u>bringing a friend</u>. During the three hour drive up, I just listened as Lisa spoke of all the exciting things she is learning in the ED and what her future plans are. We went to all the presentations. I introduced her to many other senior nurses from other facilities in NY. She joined over 20 of us for dinner at Hattie's Chicken Shack and looked on with amusement as these older nurses had a tad too much wine.

During the conference, I looked around and noticed there were many experienced nurses but there did not seem to be many of these young superstars. We need these younger nurses to keep emergency nursing moving forward.

If you read the ENA Mission Objectives, number 8 states, "To encourage interaction and mentorship among emergency nurses."

I am proposing to NYS ENA and maybe even to National ENA, to start a program, "Bring a Friend". I challenge you, the next time you go a conference, seminar, or even an important meeting, "Bring a Friend".

Trust me, if you bring a friend you will learn as much as they will.

Lawrence Loewy, RN, CEN, CCRN

Conference Basket Raffle a Huge Success

The annual basket raffle held at the Setting the Pace conference was a great success. Fundraising for the ENA Foundation 9/11 scholarship fund totaled more than \$3100. The selection and variety of baskets reached new heights this year. Just to mention a few of the more than 75 raffle items were wine baskets, several lovely pieces of jewelry, the usual lovely Coach bag, an ENA membership renewal for 5 years, a lilac tree, a nano and many others.





STUDENT SCHOLARSHIP WINNERS ATTEND SETTING THE PACE 2011

As first time attendees of the New York State ENA Setting the Pace conference, we wish to extend our thanks to all the conference organizers, especially Mickey Forness, Mary Ellen Jennison, and Kathy Conboy. Everyone in attendance went out of their way to make us feel welcome and we certainly enjoyed meeting our fellow future coworkers from across New York State.

We were pleasantly surprised to be included in the welcoming by Kathy "Conference" and quickly felt at home among the many new faces and personalities of the NYS ENA. With the very first lecture, Edie Brous kicked off the event by raising some critical issues that we all face in our daily practice in the emergency department. Both ethically and legally, we as nurses not only have to provide care in a caring and compassionate manner, but our documentation must be consistent with these standards. Even with newer documenting technology, taking care of our patients and providing them with warm and safe care is still and will always be our number one priority. Edie's blend of humor, nursing care, and legal background (in addition



Nicholas Terela and Christina Yoon

to some very entertaining PowerPoint slides) provided us with a perspective that we are not shown in the classroom. This was the first time a nurse encouraged us to think about what our documentation might appear to be in a court of law.

From pediatric toxicology to pediatric behavioral emergencies to triage of the older trauma patient, the topics caused us to perform some outside of the box thinking and briefed us on what kinds of patients to expect in the future. As healthcare is expected to do more with less, it became increasingly obvious from these lectures that our role will become increasingly more challenging and complex.

We have had the privilege to participate in this year's ENA Conference. The NYS ENA provides a platform for nurses to communicate, network, and support one another as fellow professionals. This particular conference has been a great opportunity for us to expand our knowledge and horizons on emergency nursing practice. We look up to current nurses, and the Emergency Nurses Association as a whole, as role models of the emergency nursing specialty as they continue to lead future generations and advocate on behalf of the public and patient care.

Thank you again to all of the conference organizers and attendees for making us feel welcome. Your support was refreshing to us as nursing students and confirmed that emergency nursing is a career that we both feel a calling to fulfill.

Nicholas Terela and Christina Yoon Binghamton University Decker School of Nursing

Congrats Karen & Jim!

scholarships to attend Setting the Pace 2011 conference in a chapter raffle for members who attended meetings regularly.



Jim Breitwieser and Karen Taggart

Vendor Thank You

THANK YOU

The New York State Council of the Emergency Nurses Association thanks the following for their generous support of our conference, Setting the Pace 2011.





Exhibitors

Medical Staffing Network Hill-Rom

Stanley InnerSpace Genentech

Z-MEDICA vidacare

DeRoyal Stryker Medical

Zoll Drexel University

Lions Eye Bank At Albany BSN

Cumberland Pharmaceuticals Gebauer Company

Centurion

Sponsors

MidHudson Chapter Bags, Speaker

Nassau Queens Chapter Closing Reception

Southern Tier Chapter Speaker

Lower Hudson Chapter Student Nurses

Donations

Welch Allyn





CALL FOR 2012 COURSES AND FACULTY

It is time to submit your proposals for NYSENA Setting the Pace 2012!!!

The event will be held April 19th and 20th in Saratoga Springs, New York.

Courses may be 50 or 75 minutes in length; keynote presentations are 90 minutes. Topics should focus on areas of practice for emergency nurses, especially, but not limited to clinical, managerial, advanced practice, pharmacology, disaster, and professional issues. Pre-sessions are also being considered.

The proposal should include course description, objectives, and outline, and should reflect the speakers experience and past presentations.

The deadline for proposals is June 1, 2011.

Send proposals to: Jill McLaughlin - jillmclaughlin@optimum.net

GOALS FOR TODAY AND TOMORROW THROUGH ENA

Joy Doser RN, BSN, CEN Edited by Wende Tefel RN, MSN, CC, CEN

In August of 2005 I decided to follow my friend Wende Tefel into the world of the Emergency Nurses Association. We had both been emergency nurses since 2001 and felt that it was time to increase our professionalism by joining ENA. We strove to become CEN's to show our colleagues, patients, and the physicians we work with the depth of our knowledge and the commitment we have towards emergency nursing. We knew one of the best ways to do this was to join ENA.



Joy Doser, Genesee Valley President

The next step was one of the hardest to make. In 2006, we joined forces and stepped into the local meeting arena. Each month we met giants in the local and state ENA through the forces of Sue Chalupa-Breese, Sue Knapp, Gwen Williams, and Virginia Hebda in our local chapter, the Genesee Valley Council of NYS ENA.

Although intimidated, we forged ahead and attended the meetings at restaurants, ambulance bases, and area hospitals. During these meetings we learned about the value and benefit of TNCC, ENPC and quickly conquered these courses.

The support of the other members of ENA allowed us to learn how to contribute to the chapter, and soon we became President and President Elect.

In these roles we have been honored to attend several ENA State and National Conferences, have planned a conference in our area, and have worked with other local councils to bring educational opportunities to our fellow members and emergency co-workers.

Ultimately we have been privileged to work with incredible nurses, physicians, and EMS providers that we would not otherwise have had the chance to know. Because of our association with ENA, we both have been able to achieve our goal of becoming CEN's, and now we work towards helping our co-workers achieve the same. Paying it forward is the only way we can think of to thank all of those who helped us accomplish our goals that began years ago.

Today we are thankful for the collaboration, networking, and deep friendships that occurred within the Emergency Nursing Association. Tomorrow we look forward to helping emergency nursing grow, and anticipate the new friendships we will make through the ENA.

Any questions related to this article or interest in ENA please contact Joydoser@rochester.rr.com or Wende.Tefel@rochestergeneral.org.

From the Chapters

Brooklyn Staten Island's conference, "Current Issues in Emergency Nursing Practice" is being planned. Check their website b-sienachapter.com for more info. A raffle will be held for a one-year membership and for one free admission to the national conference. The next meeting will be held on June 16, 2011 with "Sepsis" as the topic.

Central will be hosting a dinner/educational meeting on June 30, 2011 at St. Mary's Hospital, Syracuse. "Induced Hypothermia" will be the topic presented.

Genesee Valley is holding all meetings at the Henrietta Volunteer Ambulance Center on Calkins Road in Henrietta on the second Monday of the month. A Stroke dinner/ conference is being planned. On June 16, 2011 they will be holding a Health Fair and Child Helmet Fitting. Seventeen chapter members attended the Setting the Pace Conference in April.

Lower Hudson's conference "All in a Day-Challenges in the ER" will be held on June 8, 2011 with a cost of \$75.

Manhattan-Bronx is scheduling a CPEN Review on October 29, 2011. <u>Click here</u> for the flyer or check out their website at <u>www.nysenamb.org</u>.

Mark Twain is collaborating with law enforcement officials to develop strategies to decrease pediatric injuries. A TNCC instructor course is being planned for June. Nassau Queens held their chapter meeting on April 20. Their education day, "Emerging Issues in ED Nursing" is being held on Wed., June 8, 2011 at the Immaculate Conception Conference Center. Contact Mary Schmidt Roth at msr4life@gmail.com for more information.

Suffolk's May meeting was held at Peconic Bay Medical Center with "Medical Missions" as the topic. The August 181, 2011 meeting will be held at Southampton Hospital with "12 lead EKG" as the topic. A chapter website is in development. The Julie Cangro award was presented to Liz Devine from Mather Hospital. Bicycle helmet and safety classes are on going at UHSB.

Western had a membership drive, resulting in 22 new members. A CEN Review is being held on May 16 - 17, 2011 in collaboration with Genesee Valley. Based on attendance at local

meetings, members will be eligible for a drawing for registration to the national conference. The topic for the June 8, 2011 meeting is "Asthma" and for the August 10, 2011 meeting is "Mercy Flights."

Call for 2012 NYSCENA Council Candidates

The State Council is looking for candidates for officers for 2012. All of these positions provide leadership and networking opportunities that may not be available to an emergency nurse in the course of his/her regular employment. As a member of the Board of Directors, you can help to shape the future of emergency nursing practice.

Qualifications for all positions:

Be a member in good standing of the New York State Emergency Nurses Association (NYSENA). It is recommended that the candidate be active in his/her Chapter and/or at the State Council level.

The positions to be voted on are:

President -Elect (Three year commitment)

The President-Elect is a one-year term, with the commitment to continue on as President and then as Immediate Past President. The responsibilities of the President-Elect include:

- Serve as parliamentarian for the quarterly State Council meetings.
- Serve as Chairperson to the Awards Committee.
- Assist the President in the day-to-day running of the organization.
- Attend at least 75% of the State Council meetings and Board of Director meetings.
- Be available to advise chapters and serve as liaison between chapters, committees and the State Council.

Secretary (Two year commitment)

As Secretary, an individual would be expected to:

- Attend State Council meetings and Board of Directors meetings.
- Maintain records of the meetings and the directory of officers.
- Disseminate information to officers, chapters and members as directed by the President and the Board.
- Serve as chapter liaison as directed by the President.

Director at Large (Two year commitment)

As Director at Large, the individual would be expected to:

- Attend at least 75% of the State Council meetings and Board of Directors meetings.
- Assist the President in the day to day running of the organization.
- Be available to advise chapters and serve as liaison between chapters, committees and the State Council.

May serve as Chairperson of a State Council Standing Committee.

Treasurer-Elect (Three year commitment)

The Treasurer-Elect is a one year term with the commitment to continue on as the Treasurer for 2 years. The Treasurer-Elect will work with the Treasurer, who will mentor the individual in managing the financial records for the organization.

In addition to managing the financial records, the Treasurer is expected to:

- Meet with the accountant as needed.
- Chair the Finance Committee.
- Attend at least 75% of the State Council meetings and Board of Directors meetings.
- Assist the President in the day to day running of the organization.
- Publish a financial statement for the membership.

All members are encouraged to nominate candidates. To nominate yourself or someone else, please contact Deb Taylor at ddt1027@verizon.net. Plan to attend the October 22, 2011 meeting in Newburgh to vote for the candidate of your choice.

2012 ENA National Elections

The New York State Council encourages **all members** to vote for our national officers. All ENA members with an e-mail address on file at the ENA National Office should have received voting instructions by e-mail. All voting will be done online this year.

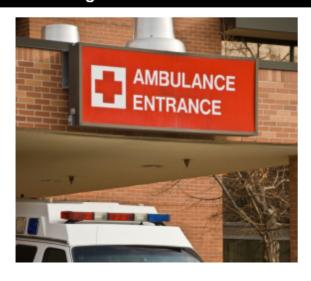
If you have not received information on voting, please contact the National Office Executive Services at 800-900-9659, extension 4095 or by email at execoffice@ena.org.

Biographies of candidates can be found online at ena.org and are available with the electronic ballot. Candidates can be asked questions by email by clicking on Meet the Candidates at the top of ENA's homepage.

Voting ends Friday June 10, 2010 at 5:00 p.m. Central time.

Don't forget to vote!

Congratulations to our EMS colleagues





EMS Week is May 15-21, 2011!

You are our "Everyday Heroes."

Thank you for all you do for the sick and injured in our communities.

Upcoming Courses

Click Here for a PDF for easy printing and sharing.

COURSE	DATE	PLACE	CONTACT
TNCC	May 16	Albany	roverer@mail.amc.edu
			518-262-3477
TNCC	May 16	Stony Brook	bcarlstrom@sjcny.edu
TNCC	May 28	Ithaca	ceaton1@twcny.rr.com
TNCC	June 1&2	Cheektowaga	tjjmf40@aol.com
	102		716-574-7336
TNCC	June 1	Cooperstown	coleen.vesely@bassett.org
TNCC	June 4&5	Montefiore, Bronx	Susan McAllen smcallen@montefiore.org
TNCC	June 6	Albany	roverer@mail.amc.edu
		,,	518-262-3477
TNCC	June 6	Plattsburgh	aheywood@cvph.org
			518-562-7378
TNCC	June 10 &	Cooperstown	coleen.vesely@bassett.org
	17		607-547-4812
TNCC	June 11 & 12	Genesee	Sue_Knapp@URMC.rochester.rrr.edu
TNCC	June 21 &	Central Chapter	CNYENA.org

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TNCC	Sept. 10 & 11	Mark Twain	Mary Ann Teeter mmat217@aol.com
TNCC	Sept. 17 & 19	New York Presbyterian	Meg Barry <u>barryma@nyp.org</u>
TNCC	Sept. 29 & 30	Cooperstown	coleen.vesely@bassett.org 607-547-4812
TNCC	Oct. 18 & 19	Western	<u>Tjjmf40@aol.com</u> 716-574-7336
TNCC	Oct. 21 & 28	Westchester Medical Center	Helen_keating21@yahoo.com
TNCC	Nov. 5 & 6	Montefiore, Bronx	smcallen@monteforie.org
TNCC	Nov. 13 & 14	Genesee	Sue_Knapp@URMC.rochester.rr.edu
TNCC Instructor	June 4	Elmira	Mary Ann Teeter
Course			Mmat217@aol.com
TNCC Reverification	June 10	Mineola	jjax@winthrop.org
Course	10		516-663-8708
ENPC	May 16	Albany	roverer@mail.amc.edu 518-262-3477
ENPC	May20 & 21	Baldwinsville	dennisd@upstate.edu 315-464-5612
ENPC	June 15 &16	Westchester Medical Center	helen_keating21@gmail.com
ENPC	June17	Poughkeepsie	Marylou.killian@yahoo.com
ENPC	Sept. 12	Plattsburgh	aheywood@cyph.org 518-562-7378
ENPC	Oct 1 & 2	Montefiore, Bronx	Susan McAllen
ENPC	Oct.8	Genesee	smcallen@montifiore.org sbreese@rochester.rr.edu
ENPC	& 9 Sept. 12	Plattsburgh	aheywood@cvph.org
	12		518-562-7378
ENPC	Nov. 1 & 2	Western	<u>Tjjmf40@aol.com</u> 716-574-7336
CEN Review	May 16 & 17	Western/Genesee Valley	C. Marcel 716-773-3292
CPEN Review	Oct. 29	Montefiore	Nysenamb.org
CEN Review	Nov. 19-20	Central Chapter	CNYENA.org
Trauma	June 3	Utica	coleen.vesely@bassett.org

Conf.			607-547-4812
Education Day	June 8	Immaculate Conception Conference Center	Mary Schmidt Roth msr4life@gmail.com
EMS teaching day	Nov. 4	Cooperstown	coleen.vesely@bassett.org 607-547-4812

2011 New York State Officers

President - Mickey Forness CHATT 716-373-2612 mickeyforness@yahoo.com

President-Elect - Audrey D. Sealey Brooklyn-Staten Island 718-245-4686 dr.sealeyphdfnp@yahoo.com

Secretary - Sandi Tetler Lower Hudson 914-493-7000 enasandi@tetler.net

Treasurer - Rosa T. Waldroff Genesee 585-334-4725 Pijny48@aol.com

Immediate Past-President - Deb Taylor Western 585-344-1553 ddt1027@verizon.net.

Director at Large - Virginia A. Hebda Genesee 585-396-6607 vahny46@frontiernet.net

Director at Large- Mary Ellen Jennison Southern Tier 607-762-3268 Mary Ellen Jennison@uhs.org

SAVE THE DATES-NYSCENA 2011 MEETINGS

August 13, 2011 Doubletree Tarrytown
Call 914-631-5700 for reservations. Rooms are \$114/night.

September, 21 -24, 2011 ENA National Conference

Tampa El

Check the conference brochure and/or ena.org for more information.

October 22, 2011 Hilton Garden Inn, Newburgh <u>Election Meeting</u>
Call 845-567-9500 for reservations. Rooms are \$129/night.

For planning purposes, please contact the NYSCENA secretary, Sandi Tetler if attending any Council meeting at <a href="mailto:enasted-

All New York State members are welcome to attend the meetings. Bring a friend!

Thank you for spending some time with us today.

Please submit any ideas, suggestions or articles to: Editor: Phyllis Parker at <u>pparker39@optimum.net</u>. (Please submit in MS Word format.)

via the NYS ENA Website.

Deadlines for 2011 newsletters: August 19 and November 1

Do you have a clinical question? Send it to us.

One of our expert clinicians will answer it in a future newsletter.

Sincerely,

The Communications Committee NYS Emergency Nurses Association

