



NYSENA-Pacer

July 2017

## Message from the President

~ Ivy Budhai-Henry

DEAR COLLEAGUES:

I HOPE THAT WE ALL ARE ENJOYING THE WARM DAYS OF SUMMER. THIS IS THE TIME OF YEAR WHEN MOST OUR CHILDREN ARE OUT OF SCHOOL AND A BUSY PERIOD FOR US MANAGING HEAT EMERGENCIES. WE THINK OF THE VERY YOUNG AND ELDERLY PATIENTS WHO PRESENT TO OUR EDs WITH COMPLAINTS SUCH AS HEAT EXHAUSTION AND HEAT STROKES, ALONG WITH SPORTING INJURIES. THESE EMERGENCIES GIVE US THE OPPORTUNITY TO DO COMMUNITY SERVICE IN INJURY PREVENTION.

WE ALSO HAVE THE EXTRA STRESS OF SHORT STAFFING DUE TO VACATION AND DEALING WITH AN INCREASED PATIENT LOAD. BECAUSE WE ARE COMMITTED PROFESSIONALS, WE CONTINUE TO GIVE SAFE CARE TO ALL. THANK YOU FOR YOUR COMMITMENT, CARE AND PROFESSIONALISM.

I WILL BE LEADING A DELEGATION OF EMERGENCY NURSES TO OUR ANNUAL GENERAL ASSEMBLY TO BE HELD IN ST LOUIS MISSOURI SEPTEMBER 12 AND 13 2017. THIS IS A VERY IMPORTANT ASSEMBLY WHERE WE HAVE AN EXTRA VOICE IN DECISION MAKING FOR OUR ORGANIZATION ALONG WITH THE BOARD OF DIRECTORS. MEMBERS PUT FORWARD RESOLUTIONS ABOUT MATTERS THAT PERTAIN TO SAFE PRACTICE AND PATIENT SAFETY, WHICH RELATES TO OUR DAILY PRACTICE OF EMERGENCY NURSING NATIONALLY AND INTERNATIONALLY.

THIS IS A WONDERFUL EXPERIENCE ESPECIALLY TO OUR NEW MEMBERS. THE GENERAL ASSEMBLY IS CONDUCTED OVER TWO DAYS FOLLOWED BY 3 DAYS OF LECTURES BY HIGH CLASS EMERGENCY NURSING PROFESSIONALS. THE TWO DAYS GENERAL ASSEMBLY IS DEDICATED TO DEBATES AND VOTING ON RESOLUTIONS AND REVIEW OF THE BYLAWS THAT GOVERN OUR ORGANIZATION.

I ENCOURAGE ALL EMERGENCY NURSES TO ATTEND THE ANNUAL GENERAL MEETING OF THE EMERGENCY NURSES ASSOCIATION. IF YOU GO TO THE FIRST ONE, YOU BECOME ADDICTED TO THE MEETINGS. THERE IS SO MUCH TO LEARN; YOU RETURN HOME WITH NEW WORK DISCIPLINES BASED ON RESEARCHED EVIDENCE BASE PRACTICE AND NEW PRACTICE GUIDELINES TO SHARE WITH YOUR PEERS.

IN ADDITION TO LEARNING, IT ALSO GIVES YOU THE OPPORTUNITY TO VISIT CITIES AROUND THE USA AND TO NETWORK WITH ED NURSES FROM ACROSS THE COUNTRY AND ABROAD.

VERY SOON EACH MEMBER WILL RECEIVE A PASSWORD FROM THE ENA NATIONAL OFFICE WHICH WILL ENABLE YOU TO VOTE FOR THE LEADERSHIP (BOARD OF DIRECTORS). PLEASE REVIEW THE MEMBERS BIOGRAPHY AND OBJECTIVES THAT ARE POSTED ON THE ENA WEBSITE, AND VOTE. THIS IS YOUR OPPORTUNITY TO PARTICIPATE AS A MEMBER. PLEASE USE YOUR VOTE, DON'T WASTE IT.

I ENCOURAGE YOU TO MAKE YOUR ENA MEMBERSHIP ACTIVE, BE A MENTOR, HAVE AN ITEM ABOUT YOUR STATE ENA AT YOUR STAFF MEETINGS. ENHANCE YOUR PRACTICE BY VISITING THE "DAILY CONNECT" THAT ENA POST TO YOUR DAILY EMAIL AND SHARE THE



INFORMATION. BE AN EXAMPLE OF A DEDICATED EMERGENCY NURSE.  
ENCOURAGE YOUNG ENERGETIC NURSES TO BE LIKE YOU. THEY WILL ALWAYS THANK YOU FOR THE EXPERIENCE.  
IN CLOSING, BE SAFE AND CONTINUE TO GIVE SAFE CARE TO ALL

IVY BUDHAI-HENRY, BSN, RN, CEN  
PRESIDENT, NYSENA

## *Congratulations Nurse of the Year!!!*

~Lori Barker, MS, RN, CEN, CPEN; Adirondack ENA

Congratulations to the Adirondack ENA Chapter's nominees in the Times Union Salute to Nurses: 3rd Annual Celebration of Nursing Excellence in the Capital Region, May 12, 2017. They were honored at a luncheon at the Albany Marriott in Albany, NY (<http://www.tusalutetonurses.com>). Rena Rovere, a long-time chapter member, was voted one of the top ten Nurses of the Year. Watch her poignant response to a question about her most memorable moment as a nurse on [https://www.youtube.com/watch?v=ZVvnXgn\\_AMw](https://www.youtube.com/watch?v=ZVvnXgn_AMw)

### **Top 10 Nurse Winner:**

**Rena Rovere, RN, F-NP, Albany Medical Center**  
Emergency Dept nominated by Kerensa Rybak & James Mounteer



Rena Rovere, RN, F-NP

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Rena has worked tirelessly for over three decades with Albany Med, including furthering her education and training to become a nurse practitioner.

She also selflessly donated her time overseas to provide care for Project Hope twice- once in Haiti and once in the Dominican Republic.

Like many nurses, she often sacrifices time with family and friends to work overtime, and to provide special care for her patients, including volunteering one day every work for a not-for-profit family practice (Koinonia Health Care). She is the epitome of what nursing has always been - love in caring.

Rena has long been a nurse in Albany Medical Center emergency room. During this time she has not only continued her education but has been a teacher as well, working inside as well as outside Albany Med. She has worked with Project Hope both in the Dominican Republic and Haiti. She has provided support for a foundation in Uganda.

Above all Rena is a caring compassionate health professional. She is the person you want to see when you end up in the emergency room.

Finalists (out of 12 selected from hundreds of nominations):

Peggy Flanagan, BSN, RN, CEN, CPEN, CCRN (Saratoga Hospital), nominated by Emily Evans. Peggy is a leader, a mentor, a friend and an incredible nurse. The emergency room is a fast-paced, high-stress environment and in the worst possible cases you can find Peggy at the head of the bed leading a team in delivering the best possible care to those who need it most. Peggy is the nurse I aspire to be: caring, compassionate, competent, courageous and committed.

Heather Jansen, RN (Malta Med Emergent Care), nominated by Emily Wright  
Though she be little, she be fierce. It is often said that the only expectation staff can rely on while working in the emergency room is each other. Heather's experience, teaching technique and desire to better herself through continued education have lent to creating a stability that may never exist in emergency facilities lacking a strong and competent leader. Heather not only strives for personal acumen, but is able to quietly influence those around her to ensure standards of care are not only met, but exceeded.

## *Congratulations to the Judith Kelleher Award Winner from NYS ENA !!!*

~ Roseann Mohney

The Western NY ENA Chapter 040 is very proud to announce that our member, Joanne Fadale, has been selected to receive the prestigious Judith Kelleher Award for her exemplary achievements to be awarded at the National Conference in September in St. Louis, MO.

Joanne currently is our National Historian and has been a member of the ENA since its inception and worked with co-founder, Anita Dorr. Joanne continues to support and promote the ENA in many aspects including TNCC and ENPC instructor. She has held the offices of National President, NYS President, Western President, and is a member of the ENA FAEN, and continues to mentor officers in our chapter.

Our chapter is honored and very fortunate to have Joanne as a member and colleague.

[ENA link](#)



Joanne Fadale



Judith Kelleher

The Judith C. Kelleher Award: This award, named after one of ENA's co-founders, honors a member of ENA who has consistently demonstrated excellence in emergency nursing and has made significant contributions to the profession and to ENA. The award is presented at the Anita Dorr luncheon during ENA's Emergency Nursing Conference. (Information obtained from [www.ena.org](http://www.ena.org))

## *National ENA Update*

~ Sally K. Snow, BSN, RN, CPEN, FAEN  
Board Liaison to New York State ENA

Greetings colleagues! I am so happy to be able to share some happenings at National ENA with you.

- Membership at the end of June 2017 stands at 42,444 down slightly from the end of the first quarter when we reached an all-time high of 42,878 members. Retention of members dropped over the second quarter and this is

an opportunity to initiate state efforts to welcome new members and make special efforts to retain new and expiring members.

- ENA Conference on Demand launched sessions in March and June on ENA LEARN. 4.25 contact hours are available and almost 1000 people have participated.
- ENA continues to monitor Government Affairs activities related to changes to the Affordable Care Act, the EMS Standing Orders bill and the Mission Zero Act. Work continues on state efforts to raise awareness on workplace violence. I was happy to have the opportunity to work with Cristy Meyer and the NYS Injury Prevention Committee to identify priorities for addressing the tragedy of workplace violence that occurred recently in the Bronx.
- The ENA foundation closed a very successful State Challenge May 31st with over \$137,600 raised. 15 state named scholarships resulted including 2 for New York.
- Emergency Nursing (EN) 17 is approaching and VIP passes are still available. The foundation event will be a fun time at the Ballpark Village. Zip-up ENA Foundation logo sweatshirts (more like a jacket) will be sold for \$50 each. Supplies will be limited so get yours early in St. Louis.
- General Assembly will be held Sept. 12th & 13th. 9 clinical practice resolutions will be considered and revised bylaws will be presented for approval.
- The National ENA Election opens August 25th and runs through September 15 at 5pm CDT. Results will be announced Saturday September 16th at the closing session of EN17. Make sure your email is up to date by reviewing your profile at [connect.ena.org](http://connect.ena.org) The link to your ballot will come to your email address on or about August 25th. If you don't receive it, check your spam and then contact ENA. Please vote and encourage your member friends to do the same. Information about all the candidates can be found at [ENA.org](http://ENA.org) . Please take the time to participate in electing the leadership of your organization.
- ENA will recognize a record-setting 22 Lantern award winners at EN17 along with 11 individual achievement award winners and 1 team award winner. 11 State Council Achievement Awards and 1 State Council Innovative Project award will be presented. The Academy of Emergency Nursing will induct 12 new Fellows. Congratulations to all those recognized for their achievements.
- New ENA Education available includes the July launch of the Management of Pediatric Behavioral Health Disorders in the ED module available on ENA LEARN.
- ENA launched its new website at [ENA.org](http://ENA.org) A webinar was held on August 2 to help members navigate the new website. The webinar was recorded and can be reviewed on the website. To give feedback on the website email [contact@ena.org](mailto:contact@ena.org)
- ENA STAT is the member E-Newsletter which is emailed to members on Thursdays. It has been condensed to make it easier to read and click through.
- ENA will partner with Project Helping Hands again for humanitarian mission trips to Cambodia in October 2017 and again in February 2018. For more information go to [ena.org](http://ena.org)
- Member Challenge 2020. In celebration of ENA's 50th anniversary, a member challenge has been developed. See more information for prizes associated with member recruitment at [ena.org](http://ena.org)



Sally K. Snow

#### **Dates to Remember:**

- State and Chapter Leaders Orientation - January 18-20, 2018 in New Orleans, LA
- EN18 - Pittsburgh PA Sept 26-29, 2018
- EN19 - Austin, TX Sept 29-Oct 2, 2019

What's coming next: Looking at meeting current and future needs, the ENA Board has taken a close look at the technology, infrastructure and physical workspace that currently exists at our headquarters home in Des Plaines IL. After much research and financial analysis, the Board

decided ENA is in a strong financial position and voted at the July Board of Directors meeting to move forward with the purchase of a new building. More information will be forthcoming.

## HOW CAN YOU GET INVOLVED?

- ATTEND EN17 IN ST LOUIS
- VOTE IN THE NATIONAL ELECTION - 8/25-9/15
- READ THE LATEST ISSUE OF ENA STAT
- VOLUNTEER WITH YOUR STATE COUNCIL & NATIONAL ENA
- JOIN ENA EN411 LEGISLATIVE NETWORK

## *STOP the Bleed!*

~Mary Ann Teeter, FNP-C, CEN, CNRN,  
SCRN, FAEN  
NYS ENA Trauma Chairperson

The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. The Department of the Defense owns the 'Stop the Bleed' logo and phrase - trademark pending.

<http://www.bleedingcontrol.org/>



This program was topic of discussion at NYS ENA meeting in Binghamton last month. Some TNCC Course Directors/Instructors are including it in the TNCC course as an add on. This is not mandatory at this time.

ENA is reviewing it for probable/possible inclusion in the upcoming revision. Meanwhile, it is an outstanding program for community injury prevention and the website link has all the information needed to get started if not already being done.

Stay safe and enjoy the remainder of summer.

# Behavioral Health

~Marina Grennen

Dear fellow ENA member,

As many of you are aware, Behavioral Health (BH) patients are presenting to the Emergency Department in higher numbers than ever before. In addition, many of our medical patients have BH co-morbidities. Several studies report that the ED nurse feels unprepared to manage these patients especially when they are in crisis. The behavioral health committee of the new york state emergency nurses association, has developed a survey to determine the extent of this problem. We obtained IRB approval for the study and it is an anonymous study. Kindly take a few moments of your time to complete the attached survey monkey. We will publish the results once they have been compiled later in the year.



Thanking you in advance for your cooperation,

Behavioral Health Committee

Link to Survey Monkey: [Behavioral Health](#)

Please help ENA on obtaining information on the possible educational needs of nurses to care for the BH patients in the ED.

## Remembering . . . .

~ Reflections by Joanne Fadale

Each time I search thru the history "Box" in preparation for this column I am just amazed at the accomplishments of the New York State Council. This time I found the program for the 25th Anniversary Academy Awards Dinner. It was a very special event celebrating 25 years of ENA. The guest speaker was Dr. Linda Caley, RN PhD. Dr. Caley is the daughter of the ENA co-founder Anita Dorr, RN. Many already know it was Mr. Dorr, who started the Association on the east coast. Linda's words gave a unique and personal perspective of her mother and her achievements.

With that perspective in mind, the brochure also contained memorable moments and accomplishments from several of the past state presidents. This group of presidents served from 1979 - 1994. These are some of their personal reflections and comments about their year as NYSENA President in our first 25 years.



1984-86 fifth NYSENA President, Virginia Hens, RN

"Developed and presented the first NYS ENA awards, and the first Issues Forum at the NYSENA state conference. A Technical Advisory Group formed with the NYS Department of Health helped to plan and develop NYS Emergency and Trauma Standards. Becoming a professional proficient shopper"

1987 sixth NYSENA President, Bonita Shaw, RN

"The start of MJCN and the NYS trauma committee. Most of all I remember the great support of all the officers and council members. You are a great group."

1989 eighth NYSENA President, Kathy Conboy, RN

"We restructured the NYSC committees, assisted the chapters in becoming more active and increased ENA's exposure to the public and other professionals. It was the fastest year of my life."

1990 ninth NYSENA President, Mary Mallory, RN

"I think the most memorable was the proud feeling I had representing NYS Council at the national ENA General Assembly in Chicago, Ill. It was our 20th Anniversary with Joanne Fadale, RN as the National President. Also, having the only state council meeting, to date with Steve Lieber, the ENA Executive Director in attendance.

1991 10th NYSENA President, Fran Sikso, RN

" It seems like so long ago, the Lower Hudson Chapter was started, the NYSC Strategic Plan was initiated, Kazoo's at the "Setting The Pace" conference and of course San Francisco was great."

1992 11th NYSENA President Gwen Williams, RN

"There are many memories. The Emergency Nurses Pediatric Course (ENPC) was born with leadership roles from NYS. We started new liaisons and SIG's (Significant Interest Groups). All in all, looking back the NYSCENA gained some ground and advanced the image of emergency nurses as members of the emergency health care team."

1993 12th NYSENA President, Mary Ellen (Mel) Wilson, RN

"I am very proud of the fact that the council started to restructure itself into the active working committees that we have today. In leading the NYS delegation at General Assembly in Seattle, WA, I was humbled and proud. Their professionalism was evident from the moment we entered the room."

1994 13th NYSENA President, Mary Ann (Teeter) Wylie, RN

"One of my most poignant experiences was standing at the microphone at the General Assembly in San Antonio, TX waiting to introduce myself and the NYS delegation. I looked out into the crowd and saw the NYS delegation wearing those foam green Statue of Liberty hats. I was so proud of everyone and deeply appreciative for his or her support. It was a special moment."

As we left the first twenty-five years, ENA moved on to the next quarter century. Many of the presidents who reflected on those years have continued to be very active in the ENA and NYSENA. I think it will be very interesting to hear their comments for the 50th Anniversary.

ENA continues to grow and develop the same as our Emergency Nursing practice. I hope you and your chapter have started your preparation for the 50th Anniversary. It will be a time not to forget.



## *A Call for Officers! Run for the Board!*

NYS ENA is in need of some eager members to run for the board next year!

Positions that are available:

Treasurer-elect

Secretary-elect

President-elect

Director at Large



Please contact Jacquie Glendenning if interested in running. E-mail her at: [barkeley97@hotmail.com](mailto:barkeley97@hotmail.com) or [pastpresident@nysena.org](mailto:pastpresident@nysena.org)

## CPEN Review

~ Hosted by NYS ENA

Upcoming CPEN review to be held in Binghamton, NY on Friday, October 20, 2017 at the Double Tree.  
ENA Members \$75, Non-member \$100  
For further information, please contact Sue Breese at: [sbreese@rochester.rr.com](mailto:sbreese@rochester.rr.com) or 585-737-6359 for more details.

[CPEN flyer \(pdf\)](#)

If the flyer does not open, please send to the following:

Name

ENA member #

Address, phone #

personal e-mail

Employer and position

with a check payable to NYS Emergency Nurses Association  
to Sue Breese at: 48 winding Brook Drive, Fairport, NY 14450-2655

Confirmations will be sent by e-mail.

Refunds will be available only for cancellations made 2 wk prior to the class date.



## CEN Review

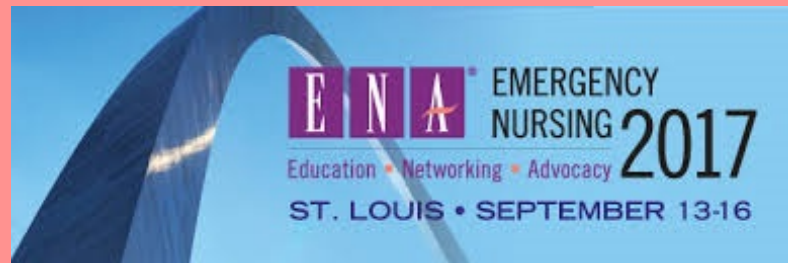
~ Hosted By Genesee Valley ENA

If you are in need of a CEN review, Genesee Valley ENA is hosting a review in Rochester, NY on October 2 & 3, 2017. If you are interested, please click the link for more information.

[GVENA CEN Review](#)



*Welcome to St.  
Louis!  
ENA  
Conference  
2017*



Reminder to everyone the ENA Conference for 2017 is in St. Louis this year. September 13-16, 2017. For all who are going, please enjoy yourselves in the midwest and learn all you can for the safe quality care of the patients in the ED!

### DELEGATES:

Day 1: Navy shirts, Khaki pants

Day 2: French Blue shirts, Black pants

Reminder to delegates: You may wear skirts or capris, but NO shorts. Also you may wear nice sandals or shoes, but NO flip flops. This is a professional meeting for the National ENA and you are representing NYS ENA. Please dress appropriately.

If you are in need of NYS ENA shirts or a sweater as a delegate, please contact Martha Reid at: [presidentelect@nysena.org](mailto:presidentelect@nysena.org).



# APRNs Professional Practice

National ENA has hired a an APRN to try and keep and/or attract APRNs to the ENA. If you know an APRN or have an ideas on how ENA can attract APRNs to join the ENA, please give use your suggestions! You can send the suggestions to newsletter,nysena@gmail.com or newsletter@nysena.org



## TNCC/ENPC Tidbits

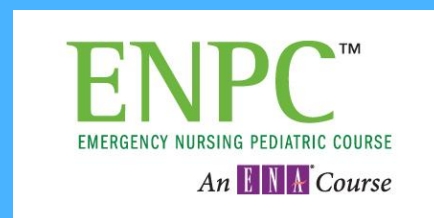
~information from July 2017 NYS ENA meeting

Course directors need mentors who are either Faculty or a State TNCC/ENPC person. In order to maintain faculty status if it "highly recommended" for faculty to be involved in instructor courses but it is not an absolute. Instructors need to teach skills and a lecture in order to renew their status, not just a lecture or skills.

ENPC courses are in low numbers for the state. We need to find a way to encourage more instructors. We are also low in Faculty for the state.

Since the information obtained in this article was at the NYS ENA meeting, there could have been a misunderstanding in information. Please double check any information from our TNCC and ENPC chairs Mary Ann Teeter - TNCC and Joanne Fadale - ENPC.

Mary Ann Teeter: mmat217@aol.com  
Joanne Fadale: 40tjmf@aol.com



## Setting the Pace April 2018

~information from July 2017 NYS ENA meeting

WE need your HELP! To make the upcoming conference be a success for April 27 & 28, 2018 in Saratoga Springs we need help for the following positions:

Speaker Chairperson  
Vendor Chairperson  
Registration Coordinator  
Anyone willing to help with anything



Please contact our secretary Jamla Bergman at: secretary@nysena.org

# Upcoming Dates to Remember

National ENA voting August 25 - September 15, 2017

National ENA Conference September 13-16, 2017 in St. Louis, MO

GVENA CEN review Rochester, NY October 2 & 3, 2017

NYS ENA CPEN Review Binghamton, NY October 20, 2017

NYS ENA Council Meeting Binghamton, NY October 21, 2017

NYS ENA Setting the Pace conference Saratoga Springs, NY April 27 & 28, 2018



## Chapter Meeting Minutes

~ request Jamla Bergman

Chapter Secretaries and Presidents,  
Please remember to forward all chapter meeting minutes to the NYS Secretary to be placed on the website. It is part of being compliant with the 501c3 requirements. Please keep us compliant.

Please forward meeting minutes to: Jamla Bergman:  
secretary@nysena.org



## NYS ENA State Council Attendees

Tidbits for you:

In order to get the Double Tree ENA rate you have to call the Double Tree in Binghamton, NY directly. Do not use the 800 number or you will not be able to get that rate. It is possible for the more seasoned nurses to get a better rate through AARP so you may want to check that rate first. Be advised the rate for ENA is only good for up to ONE MONTH prior to the meeting then rooms are released at a regular rate.

Double Tree Binghamton, NY ph # 607-722-7575



Also, we will be going back to Event Brite to RSVP for the meetings for lunches and the breakfasts. If you don't RSVP, you may not be eligible for breakfast or lunch on the day of the meeting.

## Contact

Tammy A Ophardt  
NYS ENA Newsletter Coordinator  
[newsletter.nysena@gmail.com](mailto:newsletter.nysena@gmail.com)

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the Pace Conference.